



BECOME A
HEALTH COACH
IN 6 MONTHS!

INSIDE THE
BECOME A HEALTH
COACH 6-MONTH
CERTIFICATION
PROGRAM



HEALTH COACH INSTITUTE
spark the change



Welcome!

You are about to discover a totally unique, life-changing education experience.

After coaching over 8,000 clients and students from 27 countries in the past 10 years, we are proud to be pioneering the new generation of health coaches who are changing the consciousness of the planet. Our curriculum is based on cutting edge psychology, brain science, intuitive listening, habit change and healthy lifestyle design.

Why Health Coach Institute?

REASON #1: INNOVATION.

You can expect a coaching education that's redefining what it means to be a health coach.

REASON #2: REAL LIFE RESULTS.

You'll know how to create change for yourself and for your clients. You'll also have tools to launch a business.

REASON #3: FUN.

Learning has to be fun. If it's not fun, it's not worth doing, don't you agree? When you're having fun doing what you love, you feel in flow and opportunities open up to you.

Imagine in only 6 months, you will have the opportunity to gain clarity, confidence and skillset to assist in changing lives.

About Become a Health Coach Founders Stacey Morgenstern & Carey Peters

Stacey Morgenstern and Carey Peters are the founders and primary teachers of Health Coach Institute, a world class international coach training company in service of creating leaders in the art, science and business of health coaching.

With over 8,000 graduates from 27 countries, they are pioneering the new generation of aspiring health coaches who want to turn their holistic passion into a thriving, meaningful career that raises the consciousness of the planet.





What is Health Coaching?

Health Coaching is one of the most exciting, lucrative industries to be in right now. Health coaches are changing the future of healthcare.

People want help. With the relentless demands of work and life responsibilities, they're more stressed, burnt out and depressed than ever. They are finally realizing that what they've been doing is no longer working and they are looking for something greater.

But making change without support and accountability is really difficult. It's not that people don't know what to do, it's that we're creatures of habit. 95% of our behavior occurs out of habit, either unconsciously or in reaction to external demands.

That's why we struggle to make changes that last. Even when the need for change is obvious and our intentions are strong we often fall short. Consider:

95% of those who lose weight on a diet gain it back and a significant percentage gain back more than they originally lost.

Even after a heart attack, only one of every seven patients makes any enduring changes around eating or exercise.

That's a problem, and all the diet industry can offer is "Eat fewer calories and exercise more."

If that worked, it would've worked.

25% of people abandon their New Year's resolutions after one week. 60% do so within 6 months. The average person makes the same New Year's resolution ten separate times without success.

Why is that? Because they don't have support or accountability. Doctors, dietitians and other practitioners either don't have the time or the skills to help people stay motivated and follow through to get a lasting result. So people default to their set habits, even when they know those habits make them feel lousy. Without the right support and accountability, this dysfunctional cycle will continue and in many cases, get worse.

It's time for a shift. Health coaches are at the forefront of this influential shift in how we do health and how we do life.

Our Unique Approach

There is a very important change happening in the health coaching industry. Most health coaching schools focus on teaching students dietary theory and how to give advice about food or nutrition. Studying nutrition information is great, and we do include that in our curriculum, however it's not where health coaches can make the biggest impact.

The counterintuitive truth is that effective health coaching is not about food! It's about habit change and how people make choices for themselves. When you change a habit, you change a life.

So what is the new definition of a health coach? Our premise is that a health coach is a master of habit change. Healthy habits create healthy results.

Our goal is to create the best coaches in the world in the art and science of habit change so we we can collectively contribute to the healthy planet we all want to live in.

Our curriculum draws on cutting edge psychology, brain science and healthy lifestyle design. Through the 6-month professional certification training you will learn the secrets to facilitating transformational experiences for your clients and loved ones that has them embody a new way of being that will create a positive ripple in every area of life.

If you've been looking for that one unique, well designed educational experience that will create a total breakthrough in the quality of your personal and professional life, then it's no accident that you find yourself here. In our ground-breaking health coach certification we will teach you the art and science of habit change so clients get real, lasting results.



Career Opportunities

According to Forbes.com healthcare is a 4 TRILLION dollar industry. The Bureau of Labor Statistics projects the number of jobs for health and wellness coaches to increase 21% in the next seven years, **“the fastest growing source of employment in the economy.”**

As health care costs continue to surge, more corporations are beginning to hire health coaches to establish workplace wellness programs for employees. In fact, according to the *Huffington Post*, 51% of all employers with a workforce of fifty or more employees created workplace wellness programs in 2013. Workplace wellness is estimated to be a \$6 billion industry!

What this means is that people are definitely looking for and *paying for* health and wellness services that with the right education, you can provide.





WHERE CAN I WORK?

One of the gifts of becoming a health coach is that the possibilities for what you can do are infinite! Many of our graduates work with clients 1-1 over the phone or in a local office or even on Skype which means that you can see clients all over the world! Other graduates choose to work in a chiropractor's office or with a Naturopathic Doctor or in a wellness center with other holistic practitioners. Some graduates affiliate with yoga studios, universities, schools, churches, synagogues and community centers.

HOW MUCH CAN I EARN?

The International Coaching Federation shares a yearly report on the the state of the coaching industry, providing statistics on industry growth and a baseline picture of the profession.

“According to the Bureau of Labor Statistics health coaching is one of the smartest, most lucrative career choices in the economy today. It’s part of a four trillion dollar industry and growing. If you want to make a difference and be well paid, this is clearly the place to be.”

According to the International Coaching Federation:

- Worldwide, 6 in 10 coaches showed an increase in clients at the rate of \$200 - \$500/hr
- Most coaches predict a further increase in fees, clients, hours and revenue in the coming 12 months

There is ENORMOUS opportunity in the coaching industry that is just getting bigger in the coming years.

Our school has the reputation for being the most effective professional training for health and personal development coaches. That's because our graduates are so successful!

What exactly am I going to learn?

The BHC curriculum is designed so you can launch a new, exciting career as a professional health coach in just 6 months from anywhere in the world.

There are four self-paced training modules, plus a library of master class coaching demo's, done-for-you templates and advanced training bonuses so you can feel confident working with paying clients and getting outstanding results.



6-Month Curriculum

ORIENTATION

- {re}Defining Health Coaching: The Paradigm Shift Whose Time Has Come
- What health coaching is...and what it is not
- The difference between health coaches and other practitioners, like doctors, registered dietitians and therapists
- What paying clients really want from a health coach
- The truth about creating lasting habit and lifestyle change (for yourself and your clients)
- Why The Future Of Healthcare Is Coaching: find out why top doctors, supplement companies, insurance companies and corporations are adding Health Coaches to their programs....and what that means for your health coaching career
- Discover the 4 Pillars of Masterful Health Coaches....what they are and why you need them to build a successful health coaching career

Pillar 1: Nutrition, Health & Wellness

- Nutrition for Health Coaches: the only nutrition, health & wellness knowledge that matters
- How to understand any dietary theory at a glance so you can save yourself - and your clients - from overwhelm and inaction (this is the simplest way to learn 100 dietary theories in 10 minutes or less)
- How to discover the perfect diet for you (...and why you won't find it in any diet book)
- The six questions a master Health Coach must ask to help their clients (and themselves) lose weight, gain energy, balance blood sugar, resolve digestive issues, overcome binge eating & emotional eating, cure cravings, stop chronic dieting, fall in love with their bodies & (finally) be comfortable in their skin
- The secret to becoming a master health coach with a waiting list of clients
- What it means to become a visionary for your clients...and why that will create a waiting list of raving fans
- What to eat to help your clients get rid of cravings, lose weight and gain energy....for good
- 7 fool-proof ways to balance blood sugar
- The Health Coach's Secret Weapon: why "how" you eat is more important than "what" you eat
- 7 Steps that are the easiest, cheapest fix for resolving digestive issues, overcoming binge/emotional eating & curing cravings.... without changing ANYTHING you or your clients are eating (we call these our infamous "Secret 7")
- Discover why WHO YOU ARE BEING equals what your body is doing
- Uncover what's driving of your behaviors around food, body and health....and how to shift the behaviors you don't like
- Discover how to time your meals so you can increase weight loss and energy while reducing stress and balancing blood sugar
- How to get more done in less time, so you have time for the most important things in life (including taking care of yourself and your loved ones)
- Learn simple ways to be your healthiest no matter where you are
- **BONUS: THE BASICS OF ELIMINATION DIETS + A SIMPLE DONE-FOR-YOU DETOX PROGRAM**
Designed to help your clients build their intuition about nutrition, get quick results and reset their bodies for optimal health.

Pillar 1 Done-For-You Materials, Scripts, Checklists, Handouts and Templates & Bonuses



- MacroNutrients
- 100 Dietary Theories In 10 Minutes
- Stress
- Obesity
- Diabetes
- Heart Disease
- Binge Eating
- Cravings
- Emotional Eating
- Body Image
- Chronic Dieting
- The Six W Questions
- The Why Underneath The Why
- 10 Beliefs About Health
- 7 Ways To Balance Blood Sugar
- Drink More Water Tip Sheet
- How To Quit Drinking Caffeine The Right Way
- Healthy Fats
- Fats To Avoid
- The Magic Plate
- List of healthy proteins, fats, fiber and carbs
- Favorite healthy snacks
- Pantry, fridge and freezer list
- What is processed food?
- How to read food labels
- How to go gluten-free
- How to go dairy-free
- List of alternative sweeteners
- Healthy dessert recipes
- How to get great sleep
- Out-of-the-box movement ideas
- How to honor hunger and fullness
- Embracing sensuality
- Why being “bad” is sometimes good
- Meal timing
- Healthy Choices at restaurants
- Elimination Diets

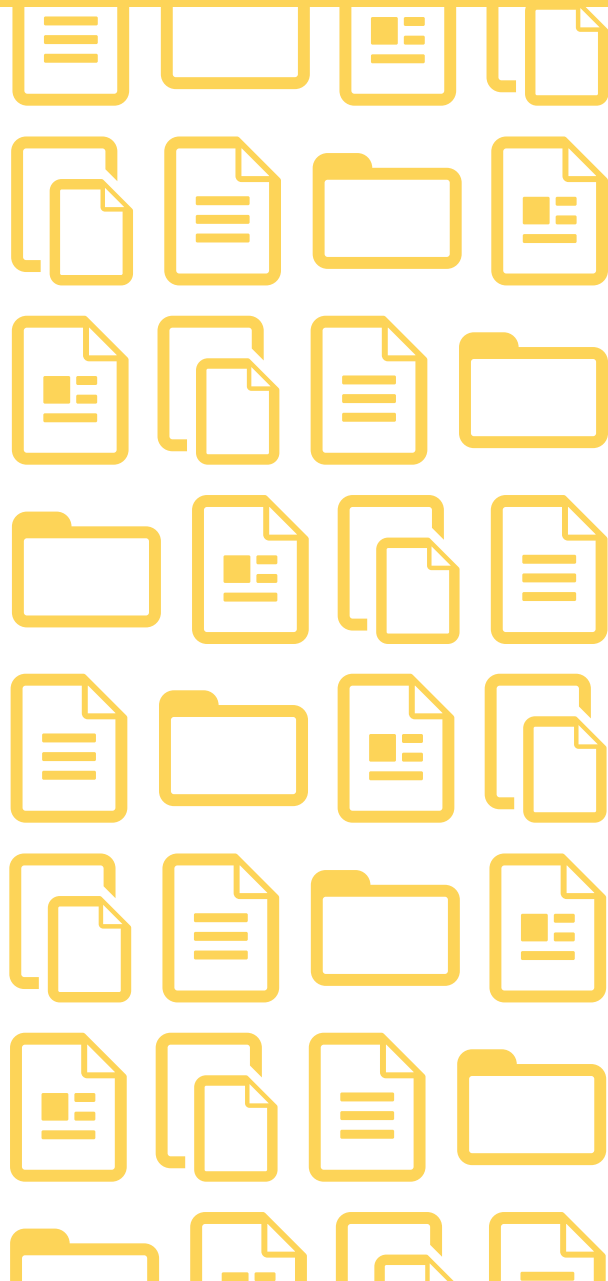
Pillar 2: Transformational Coaching Skills

- Why Transformational Coaching skills are the secret to creating lasting lifestyle change
- How Transformational Coaching is different from Motivational Interviewing and other coaching methods
- The 2 steps you must take BEFORE you coach your client.....skip these and your clients won't experience transformation
- The #1 Transformational Coaching skill of successful health coaches
- Discover how to describe your program so that clients can't WAIT to work with you
- How to effectively coach on objections, so you can turn "No" into "Yes" with integrity and authenticity
- Master delivering "The 90-Day Total Transformation", our proven, done-for-you health coaching program
- How to create your own signature Health Coaching program: what no other health coaching school will teach you about how to create a coaching program that gets results

- **BONUS: COACHING DEMO LIBRARY!**

One of the ways to become an outstanding coach is witnessing outstanding coaching. 12+ Coaching Demos of Stacey working with a real health coaching client so you can hear each session of the 90-day Total Transformation program in action.

Pillar 2 Done-For-You Materials, Scripts, Checklists, Handouts and Templates & Bonuses

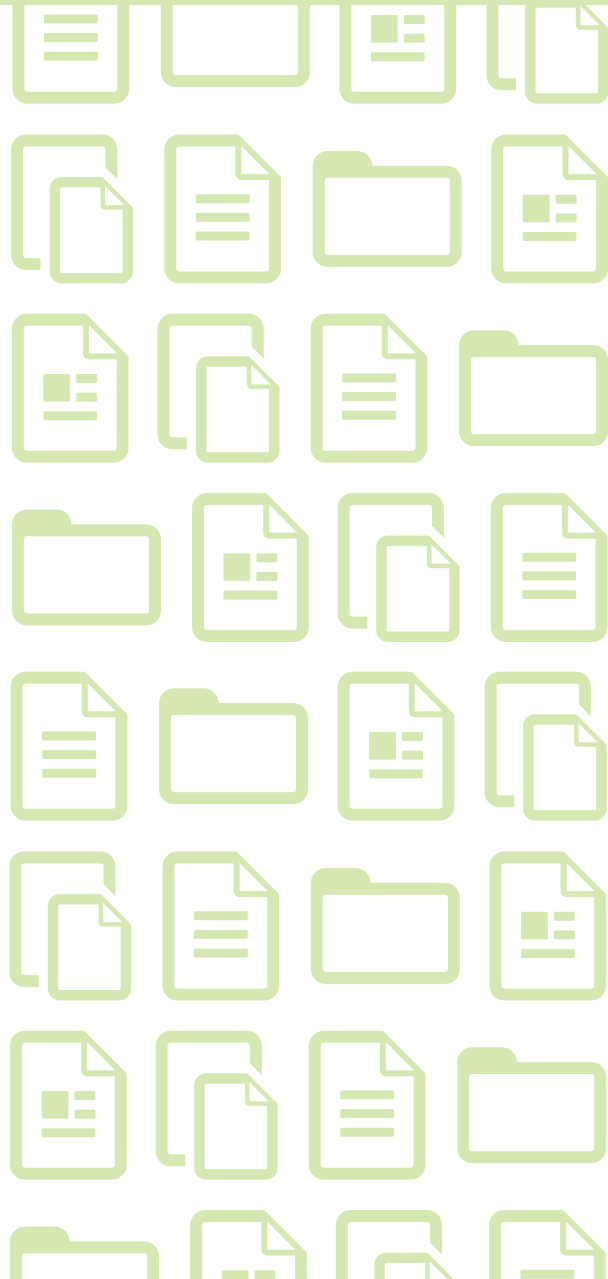


- Done-for-you Detox program with client handouts
- Transformation's Secret Sauce: The 3 Brains
- The Map
- Rapport
- Closing The Deal Coaching Question Sequence
- How To Describe Your Program Template
- The Personal Email Invitation Sample Copy
- How To Coach Effectively On Objections & Worries
- Done-For-You "Total Transformation" 90-Day Health Coaching Program
- Done-For-You Session #1 script + client handout
- Done-For-You Session #2 script + client handout
- Done-For-You Session #3 script + client handout
- Done-For-You Session #4 script + client handout
- Done-For-You Session #5 script + client handout
- Done-For-You Session #6 script + client handout
- Done-For-You Session #7 script + client handout
- Done-For-You Session #8 script + client handout
- Done-For-You Session #9 script + client handout
- Done-For-You Session #10 script + client handout
- Done-For-You Session #11 script + client handout
- Done-For-You Session #12 script + client handout
- How To Create A Coaching Program That Gets Results
- The Self-Sabotage Sequence
- "Oh Crap" Silver Bullet Coaching Question Sequence To Use On Any Topic

Pillar 3: Personal Growth

- Discover “The Big 5”: areas of your life that reflect your alignment with your purpose. When one area is out of whack, it affects all other areas.
- Discover how your work as a health coach affects every area of your clients’ lives, not just their health. (This is true for you as well as your clients.)
- Discover how to combine the richness of your personal history, experience and expertise with your new career as a Health Coach
- Discover why Money is a part of your spiritual path, and the shadow beliefs (the ones you don’t even know you have) that are likely sabotaging your ability to make and keep more money while making a bigger difference
- Discover how to transform your Money Legacy and take control of your financial destiny (while doing what you love)
- Learn how to be supported in your new career by family, spouses, partners, friends, co-workers and more
- Discover how to ask for what you want....and get it (this 4 step system is so simple it’s jaw-dropping)
- Discover how to connect your career to your PURPOSE, so your work goes beyond your gain and benefits those who have not yet arrived
- Discover how to help your clients (and yourself) feel beautiful, without changing how you look

Pillar 3 Done-For-You Materials, Scripts, Checklists, Handouts and Templates & Bonuses



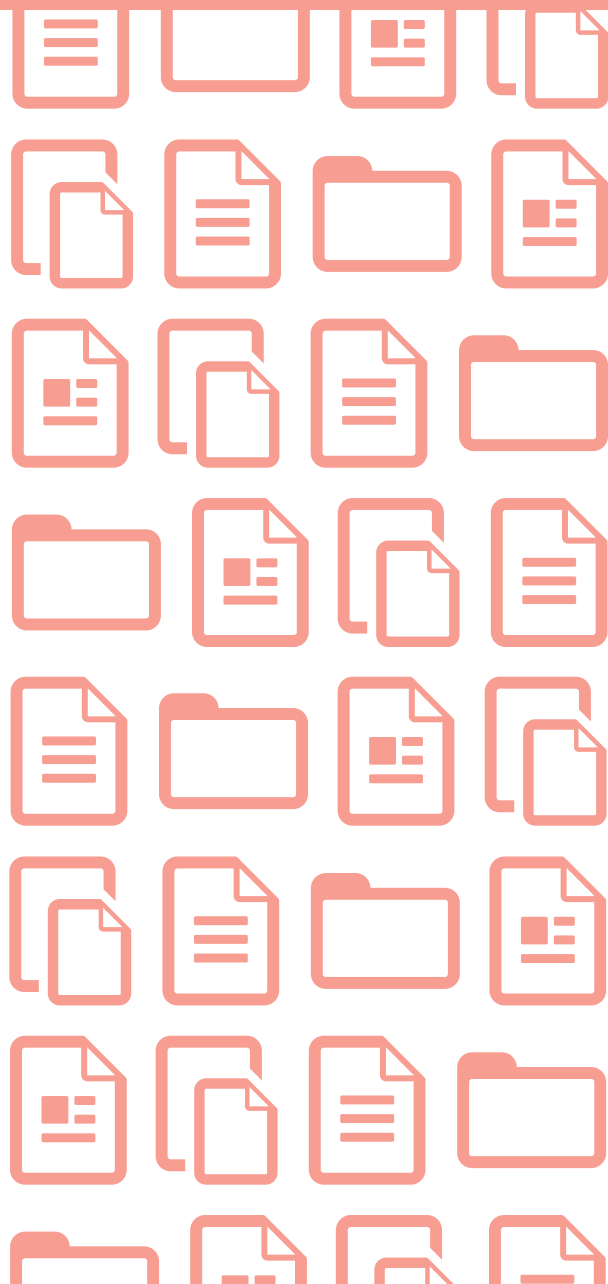
- The “Big 5” Areas Of Life
- Health
- Money
- Love/Relationships
- Your Calling/Career
- Your Connection To Something Greater
- The Results Health Coaching Gets In Every Area Of Life
- The Personal Blueprint: How To Bring Your Personal History Into Your New Career
- Money And Your Spiritual Path
- Money As A Relationship
- Your Money Mirror
- Transforming Your Money Legacy
- Transforming Your Body Legacy
- Self-Sabotage
- How to Ask For What You Want And Get It
- Feminine Energy
- Masculine Energy
- “Either/Or” Versus “Both and More”
- The Desire List
- Magic Words For Women To Say To Men
- Magic Words For Men To Say to Women
- Self-Authorizing
- Connecting Your Career To Your Purpose
- The What’s Worth Fighting For Exercise
- Gratitude & Appreciation

Pillar 4: Proven Marketing & Simple Business Systems

- A Simple System To Make Your First Or Next \$5K As A Health Coach
- How To Get Clients From networking and referrals
- How To Get Clients From Talks & Workshops
- How To Get Clients Online...Even If You Don't Get (Or Like) Technology
- How To Price Your Programs
- How to schedule clients & prioritize your to-do list so you can maximize your time...Even If You Have Kids, A Job Or Hobbies & Passions
- How to become confident, courageous and client-attractive as a health coach

- **BONUS: CREATE A NEW VISION FOR YOUR BUSINESS AND LIFESTYLE AS A HEALTH COACH!**

Pillar 4 Done-For-You Materials, Scripts, Checklists, Handouts and Templates & Bonuses



- The Best Business Model For Health Coaches
- 5 Phases Of Business Growth
- What is a niche?
- Hot niches for health coaches
- 2 Done-For-You starter niches
- How to answer the question “what do you do?”
- Done-For-You Responses to answer “What do you do?”
- How To Price Your Programs
- Done-For-You Pricing
- Where And How To Book Talks
- Done-For-You Talk Script & PowerPoint Slides & Handouts
- Done-For-You Marketing Materials For Your Talk
- How To Attract Clients Online
- Done-For-You Website Copy
- Done-For-You Video Scripts
- How To Schedule Clients
- Sample Real-Life Health Coach Weekly Calendars
- Client Scheduling Software Recommendations
- How To Prioritize Your To-Do List
- Simple Productivity Checklist
- How To Take Payments
- Your First Or Next \$5K Checklist
- Done-For-You marketing for Detox program
- Done-For-You marketing for the 90-Day Intensive Total Transformation Program
- Done-For-You weekly scripts for newsletters or video tips
- How to create videos that attract clients
- Recommended list of business and marketing resources

Marketing Pillar Super Bonus: Going Pro

Our intention is to make it as easy as possible for you to go pro which is why we are gifting you with a marketing super bonus!

Upon graduation you will receive:

- A personalized drag and drop business website and publishing platform
- Private client portal with calendar and scheduling capabilities
- A contact management system for getting clients online
- Email and SMS Notifications for appointment reminders
- Cutting Edge Marketing and Business Automation Tools
- Easy email integration
- Social Media Integrations
- Invoicing and reporting

This will help you attract clients quickly, get organized and easily facilitate a smooth, professional experience that turns your clients into raving fans.



Continuing Education

An expert is someone who continues to study and learn. We offer world class continuing education and graduate level training in coaching skills, personal growth, business and marketing so that as you grow your business grows with you.

As a graduate, you will have complimentary access to our highly active alumni community for networking, masterminding and collaborating plus exclusive invitations to our live in-person conferences.





How am I going to learn?

Your training is released in weekly modules within our private, members only website. Each module contains short, step-by-step training videos, transcripts, done-for-you templates to use with your clients, "cheat sheets", and easy to implement action guides. Each lesson builds on the last so you know exactly what to focus on first, second, third etc. to go pro. Our goal is to make your online learning experience smooth, easy and fun.

MULTIMEDIA FORMATS: WATCH, LISTEN OR READ

Trainings are delivered in 3 convenient media formats - Video, MP3, and PDF - so you can watch, listen, or read based on how you learn best.

BITE SIZED CHUNKS

For over 4 years we studied how to deliver education in the way people learn best. We know learning has to be easy, accessible and fun or you just won't do it. Which is why each of our core training videos is broken down into short, digestible 15-20 minute lessons so you can assimilate, implement, and take action in the most pleasurable way possible. No information overload or overwhelm!

Each video is also accompanied by a clear, detailed description so you know what's covered and can easily reference the lessons you want to repeat later.

INTERACTIVE WEEKLY SKILLS LABS

Knowledge without practice is meaningless. The weekly skills labs are the place to apply what you're learning in a safe environment so you hone your skills and feel complete confidence with paying clients.

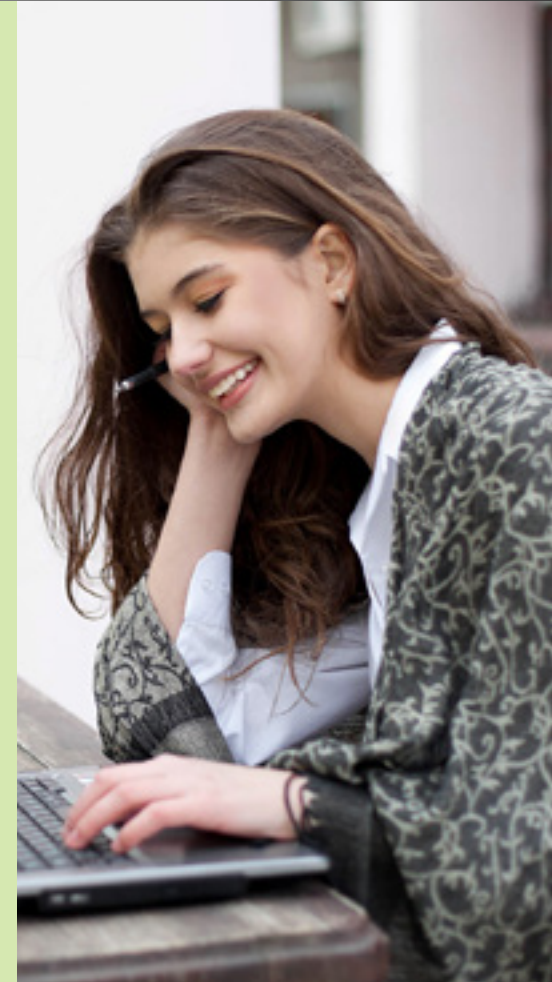
DOES THIS TRAINING INCLUDE PRIVATE MENTORSHIP?

Yes! You will have several coaching calls with a HCI Success Coach during your training. Our Success Coaches are master health coaches who have all created their own thriving health coach businesses so they know exactly what our students are going through, where they are headed and what it takes to succeed in the real world. They offer support in times of doubt, help our students overcome obstacles and are even there to celebrate their successes. Our Success Coaches walk the talk and show our students the way forward. They're awesome!

Interactive Online Community

The BHC online community is like no other we've ever seen. Our students come in as strangers and quickly become the best of friends or even business partners!

This is your 24/7 tribe no matter where you live or what time of day it is. When you engage in a profound training like this one, the conversations get juicy fast. Whether you want support around a personal rut or a client challenge or perhaps you want to celebrate a breakthrough this is your safe space to be you and feel met.



Students Reveal Why They Chose This Program Over All The Others

Our students are smart, savvy and open-minded. They feel called to align what they do with their core values. They crave adventure and community and they want a fulfilling, flexible, money-making career that empowers them to be their best selves.

Our training is especially designed for those who want to work professionally as a health coach. We believe we've created something truly innovative. Our grads are wildly successful. Don't take our word for it, hear what they have to say.





“This was the best financial investment I’ve made for myself and my life.

I now have a thriving coaching business working from home and get to live in accordance with my values as my husband and I raise our two girls with the spirit of joy and adventure every day. I give Carey and Stacey my highest recommendation and will forever be grateful to them and their life changing work.”

**LAURA THOMPSON BRADY, PHD
FOUNDER OF THE NOURISHED HOME AND MOTHER OF 2**

WANT TO READ MORE ABOUT WHAT OUR GRADS HAVE TO SAY? [CLICK HERE FOR MORE SUCCESS STORIES AND PRAISE.](#)



No time to connect.

No time to relax.

No time to play.

No time for learning.

No time to nourish relationships.

No time to prepare fresh, energizing foods.

No time to change what's not working.

REALITY CHECK: If you don't have time to make every aspect of your life better what do you have time for?

Change your habits, change your life.

Tuition

The tuition for the Become A Health Coach 6-month certification training is \$5450. You can invest in full, or, take advantage of our easy payment plan.



A Truly Interactive Training

COMPREHENSIVE 4 PILLARS TRAINING

We'll share the 4 Pillars for success in Health Coaching: Health & Wellness, Transformational Coaching Skills, Personal Growth and Proven Marketing & Business Systems.

WEEKLY SKILLS LABS

Experience the BHC coaching model both as coach and client. you'll be learning while elevating your own physical, emotional and mental well-being. Practice what you are learning and get feedback in a safe environment so you feel completely confident with paying clients.

LIVE BI-WEEKLY "OFFICE HOURS" WITH THE FOUNDERS OF BHC

Ask Stacey and Carey questions, get advanced coaching tips, and hear how they intuitively coach others.

MULTI-MEDIA LEARNING PLATFORM

Watch, listen or read in short, digestible chunks that makes learning and implementing easy and fun.

THE LIVE EXPERIENCE!

As you journey forward in your health coaching career, community and continuing education is key. Our live trainings happen twice a year. There's something magical that happens when you get off your computer and get connected to your tribe! Topics include: advanced coaching skills, business training, marketing, and money mindset.

2 DONE-FOR-YOU HEALTH COACHING PROGRAMS

Session by session outlines to help your clients get results that last, plus a library of master class coaching demos, templates, scripts and cheat sheets so you can feel confident working with paying clients.



Is BHC really right for me?

THE BECOME A HEALTH COACH 6-MONTH CERTIFICATION TRAINING IS PERFECT FOR YOU IF:

- You have a passion for healthy, vibrant living.
- You want a career that pays well, feels fulfilling and makes a meaningful difference.
- You love to learn.
- You can see that if you were doing what you love and inspiring others, you would feel less stress and more alive.
- You love to geek out on personal growth.
- You want to know the truth about what really works to change habits.
- You want skills that will make a positive impact in every area of your life.
- You want a career where you can express who you really are.
- You want the freedom to work flexible hours from anywhere in the world.
- You want to be connected to an incredible community that inspires you.
- You are committed to living the best life ever.

What Makes Us Unique...

WE'RE NOT ONLY MASTERFUL COACHES,
WE'RE MASTERFUL TEACHERS.

If you want to become a successful health coach, it makes sense to learn from someone who has done what you want to do and knows the steps to replicate it. We are health coaches. We've coached thousands of clients. We've taught thousands of students. And we've been able to do it a way that not only allows us to make a great living, but also live a richly rewarding life. We're sassy, silly, and passionate about what we do. Our genius is in taking what feels complicated and making it easy, accessible and fun. We believe you have to have fun while changing the world.



Frequently Asked Questions

How long will it take me to complete the certification program?

The course is designed to be completed in 6 months. Upon graduation you will be given a certificate of completion and a seal for your website to display your credentials.

How many hours per week should I allot for completing course work?

We've made sure to chunk down the pieces of BHC into completely manageable pieces. If you watch all the videos, show up to the Q&A calls, plan on about 3 hours per week.

Do you offer payment plans?

Yes. Please call (877) 914-2242 to learn about our payment plans.

Can I do this program while working a full time job or being a full time parent?

YES! Absolutely. We created this school while Stacey was raising a toddler and Carey was pursuing a second career as a successful actress. What you will learn in this course is habits that help you create a more spacious lifestyle and professionally inspire others to do the same which means less stress, more fun. If you only want to work part time, then that's your choice and it is possible to build a wildly successful business while working part-time. We are living proof!

How do I know if health coaching is right for me?

Health coaching is one of the most lucrative, fulfilling careers on the planet. Who doesn't want to get paid for your own personal growth and making a big difference in people's lives? Some students wonder if they will actually be able to make a living doing it. Others wonder if they will be taken seriously if they aren't a doctor or registered dietician. When we launched careers as health coaches, we worried about that too. It turns out that many of our grads are now earning as much as or more than a doctor working a lot less hours. Want to be inspired? Read their stories here.

I'm already a coach, will this be repetitive?

Not at all. This is a unique training that's rapidly redefining the health coaching industry. This work is based on cutting edge brain science, psychology and Stacey and Carey's experiences with thousands of clients. Plus, every session is exciting and fun. This is a great way to spice up your own coaching practice.

Do I have access to Carey & Stacey?

YES! You will have bi-weekly access to 'Office Hours' with our founders. You will be able to ask Stacey and Carey questions, get advanced coaching tips, and hear how they intuitively coach others.

Are there any opportunities to meet with fellow students?

Yes! Upon graduation of the BHC program you will be gifted with a ticket to one of our 3-day live event experiences! These immersion events take place twice per year in the U.S. You will have the opportunity to learn advanced coaching skills, grow your business and collaborate with hundreds of other coaches from all over the world.

Does this training include private mentorship?

Yes, you will have several coaching calls with a HCI Success Coach during your training. Our Success Coaches are master health coaches who have all created their own thriving health coach businesses so they know exactly what our students are going through, where they are headed and what it takes to succeed in the real world. They offer support in times of doubt, help our students overcome obstacles and are even there to celebrate their successes. Our Success Coaches walk the talk and show our students the way forward. They're awesome!

How soon can I start?

Enrollment for our next Become A Health Coach class is now open. Call (877) 914-2242 to speak to a Clarity Coach and get started today!

This is more than a career.

We believe health coaching is one of the most lucrative and fulfilling careers you can choose. We also believe that health coaching will change the consciousness of the planet.

There's lots of decent coaches out there, but not that many truly masterful coaches. We want to change that.

What you can expect from us is everything we've got to help you be successful, so that like our current students, 6 months from now you will look back on this moment as the best decision you ever made for your career and your own personal growth.



What would you do if you were the bravest possible version of yourself?





Want to learn more about the *Become A Health Coach Training?*

Join over 8,000 successful graduates from 27 countries who are **getting paid to do what they love.**

Call now: (877) 914-2242

Shining the light in you,

Carey & Stacy