

INTERNATIONAL CONFERENCE ON
COGNITIVE BEHAVIOURAL
INTERVENTIONS – INDIA 2017

ICCBI-INDIA 2017

ORGANISED BY:

VENUE: AIIMS, NEW DELHI

THEME:

CULTURALLY-RESPONSIVE CBT:

PROSPECTS & CHALLENGES

4th to 5th (Pre-Conference) & 6th to 8th (Conference) MARCH

2017 at AIIMS, NEW DELHI

JOIN US!

EVENT HIGHLIGHTS

- ❖ State of the art event with a focus on the latest issues in psychotherapy practice across the globe.
- ❖ Invited Lectures & Workshops by National and International CBT experts.
- ❖ Opportunities for Intensive professional networking and high-quality training.
- ❖ Attractive discounts on IACBT membership and on-spot processing of membership.
- ❖ Gaining visibility for your research and clinical work through Open paper and Poster presentation.
- ❖ Best paper and poster awards. Page 2

The role of culture, ethnicity and context in psychotherapy has been gaining more attention in the past few decades, particularly as the populations seeking psychological services grow increasingly diverse. This diversity can be of cultural background, socio-demographic characteristic or of a special ability.

In India, culturally responsive therapy is still not adequately understood, researched or addressed. Even globally, there is a distinct gap between the stated intent of incorporating cultural differences into current evidence-based treatments, and actual clear guidelines for accomplishing this goal. It has been seen that culturally-responsive and sensitive therapists are able to effectively express an understanding of what the patient's goals and needs in therapy are, are more emotionally in-tune with clients, and demonstrate appropriate management of cultural experiences raised by the client. There is also some evidence that patients' perceptions of how culturally competent the provider is can affect the working alliance. Since Cross-cultural psychotherapy is a complex and multi-layered process, which requires a great deal of awareness and cultural competence in providing mental health intervention, this poses particular challenges in training and supervision of providers. The need is therefore not only to develop resources/guidelines for therapy but also to establish models of appropriate training so as to be able to provide the most comprehensive care, and to meet the needs of individuals who, regardless of culture, social status, or sexual orientation, are coming to practitioners for help in their times of distress.

The CBT model has idiosyncratic case conceptualisation as one of its basic components but in the light of increasing diversity in the patient population, it is important to pay closer attention to making the therapy more culturally attuned to the patient's needs. In addition, therapists have to be trained to assess, conceptualise and address the uniqueness of each patient's internal as well as external context, such as to make maximise outcome. The aim of this Conference is to address cultural-responsiveness in psychotherapy in general and in cognitive behavioural approaches in particular, in the light of global developments in this field and the uniqueness of Indian context. The theme of the event is therefore 'Culturally-responsive CBT: Prospects and Challenges. Page 3

The Organising Committee of ICCBI-INDIA 2017 invites mental health and allied professionals, practitioners, researchers, academicians and students to contribute scientific papers, posters and symposia related to the Conference Theme 'Culturally Responsive CBT: Prospects & Challenges' in the following areas:

- ❖ CBT in Anxiety & Depressive Disorders.
- ❖ CBT & Substance abuse.
- ❖ CB Interventions in PTSD, abuse and grief.
- ❖ CBT & Chronic Illness.
- ❖ CBT in psychosis.
- ❖ CB approaches to couples therapy and marital discord.
- ❖ CBT for Children and Adolescents.
- ❖ Disaster Management and Preparedness through CBT.
- ❖ CBT for Geriatric population.
- ❖ Culture and Mental Illness.
- ❖ CBT for wellbeing and positive Mental Health.
- ❖ CBT and promotion of Mental Health in Education and corporate sectors.
- ❖ Cognitive Behavioural Approaches for Eating Disorders & Weight Loss.
- ❖ CBT & Stress Management.
- ❖ CBT delivery through Technology, digital and social media.
- ❖ CBT, social cognition and applications for social issues.
- ❖ Practice, Training & Supervision Issues in counselling and Psychotherapy.
- ❖ CBT in the Indian setting.
- ❖ CBT self-help approaches.

Submissions may be in the Form of Open Papers or Scientific Poster Presentation

- Open Papers (OP) — Presentation of data reflecting an individual study or idea that is not part of a

symposium. The organizing committee will place the OP into related themes. Each theme will last for 60-90

minutes, but individual papers should aim to be no more than 8-10 minutes with a two minute question time

at the end.

▪ Poster Presentation (PP) — graphic representations of the results of empirical/conceptual studies put on

display by individual/group of delegates and open for questioning or discussion by those interested.

Abstracts in standard format to be e-mailed to iccbi2017@gmail.com. Last date for Submission

is 15th January 2017. Authors of selected abstracts will be intimated to submit their full paper

latest by 15th February 2017. All full papers sent within the final deadline will be published in Page 4

Conference proceedings with ISBN by a reputed publisher. All selected abstracts will be

published in Conference Souvenir.

IMPORTANT DATES:

Submission Guidelines & Procedures

1. Abstracts must be submitted via e-mail to iccbi2017@gmail.com on or before 30th December 2016.

2. Abstracts must be written in ENGLISH only, and should not exceed 250 words (Not including title, authors and

affiliations).

3. Abstracts must be in text format, DO NOT include any graphs, tables or images.

4. Abstracts should contain work that has not been previously published.

5. You must indicate whether you wish to have your abstract considered for OPEN PAPERS (OP) or POSTER

PRESENTATION (P). Please provide the presenter's brief biography in no more than 200 words.

6.

Abstracts must be submitted using the designated field: Introduction, Methodology, Results, Discussion and

Conclusion. We particularly welcome abstracts closely related to the conference theme.

7. Abstract title should be typed in Times New Roman font, size 12 with 1.5 line spacing.

8. Accepted abstracts are eligible for presentation after receiving full registration fee from the author/presenter.

If registration fee of the presenter is not received by due date, his/her paper is assumed to have been withdrawn. Once the abstract is submitted, changes, correction or rewording are not allowed. The submission

should be carefully proof-read and corrected by the author. Individual authors are responsible for the accuracy of the information supplied, as accepted abstracts will be printed or showcased in the Congress publication materials.

9. All Abstracts will be reviewed by the Scientific Committee. Only those abstracts judged to be of high quality

and of relevance will be accepted. Acceptance notification will be sent to the first submitting author and presenter with further instructions. Final presentation style will be subject to the decision of the Committee.

10. Failure to comply with these requirements will exclude the abstract from consideration.

The Organising Committee is also pleased to announce three 'BEST PAPER/POSTER AWARD' from each Open Paper/Poster Session.

Abstract Submission deadline

15th January 2017

Acceptance Notification

20th January 2017

Request for full paper submissions

31st January 2017

Full paper submission deadline

15th February 2017

Early Bird Registration deadline

PATRON

Director, AIIMS

ORGANISING CHAIRPERSON

Dr. R.K. Chadda, HOD, Dept. Of Psychiatry, AIIMS

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Dr Nimisha Kumar, Jamia Millia Islamia

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Sanaya Patel, Rupangi Shah, Sanjana Mehta (PDPU, Gandhinagar, Gujarat)

STAGE MANAGEMENT – Dr. Sujata Satapathy

REGISTRATION – Dr. G.K. Kaloiya

TRAVEL & ACCOMMODATION – Dr. Nimisha Kumar, 9953681570

Pre-Conference Workshops // 4th and 5th MARCH 2017

WORKSHOP TITLE

RESOURCE

PERSON

DETAILS

DATE

TIME

FEE

WS 1

(Resilience Focussed CBT)

Dr Nimisha Kumar

Full-day

National

4/3/2017 10 – 5 Rs. 3000/-

WS 2

(CBT for Couples)

Dr Maitri Chand

Full-day

National

4/3/2017 10-5

Rs. 3000/-

WS 3

(Substance Abuse)

Dr. G. Kaloiya

Half-day

National

4/3/2017 10-2

Rs. 1500/-

WS 4

(CBT for Corporates)

Dr. Ritu Sharma

Half-day

National

4/3/2017 2-5

Rs. 1500/-

WS 5

(CBT for Depression)

Dr. Siddiqa Hussain

Kuwait

Full-day

International

4/3/2017 10-5

Rs. 3000/-

WS 6 (Trauma Focussed CBT

for sexual abuse in children)

Dr Sujata Satapathy Full-day

National

5/3/2017 10-5

Rs. 3000/-

WS 7

(Mindfulness Based CBT)

Prof. M.P. Sharma

Full-day

National

5/3/2017 10-5

Rs. 3000/-

WS 8

(Emotion Regulation Th.)

Dr. M. Manjula and

Mr. Vidhyasagar

Full-day

National

5/3/2017 10-5

Rs. 3000/-

WS 9

(CBT in Psychosis)

Prof. David Kingdon

United Kingdom

Half-day

International

5/3/2017 10-2

Rs. 2000/-

WS 10

(App-Based CBT for Anxiety)

Dr. Navya Singh

New York, USA

Half-day

International

5/3/2017 2-5

Rs. 2000/-

All Pre-conference Workshops carry an additional fee and require separate registration. Please follow IACBT website for details of the program and changes. Page 7

REGISTRATION IS OPEN! REGISTER NOW!

REGISTRATION PROCEDURE:

Option 1: Fill the Registration form and submit along with the fee (cheque and DD only) to – The Treasurer, IACBT, B-75 (basement), Soami Nagar (North), New Delhi-110017. Fee can be paid through cheque/ DD payable in name of 'IACBT' at New Delhi

Option 2: Fill registration form and e-mail soft copy of form at iccbi2017@gmail.com

Pay fee by net banking. Details below.

CATEGORY

EARLY BIRD

(16/9/16 to 31/01/17)

ADVANCED

(1/2/17 to 3/3/17)

ON SPOT

IACBT members

Rs. 3000/-

Rs. 3500/-

Rs. 4000/-

Non-members

Rs. 4000/-

Rs. 4500/-

Rs. 5000/-

UG & PG students

Rs. 2500/-

Rs. 3000/-

Rs. 3500/-

Foreign delegates

\$ 250/-

\$ 300/-

\$ 350/-

Single day registration Rs. 1500

Rs. 2000/-

Rs. 2500

Please Note:

- Conference Fee includes Conference Bag, Kit, Certificate, Lunch Coupons, Beverages

- Workshop Fee includes Certificate of participation, Folder, Refreshments

- UG & PG Students must show original Identity Card from their Colleges to avail registration fees benefits.

- Payment made by Cheque / Draft should be drawn in favour of "IACBT" payable at New Delhi.

- Direct money transfers to the Bank Account Name – 'IACBT', Account No. 35617340110 (SBI,

Ansari Nagar)...IFSC code: SBIN0001536

- Group Discount of 10% on the fee (in case of 3 or more people registering together).
- Early Bird rates can be availed for the conference on registering for any pre-conference workshop.

➤ Dr Nimisha Kumar, President, IACBT

Assistant Professor, CECDR, Jamia Millia Islamia

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➤ Dr. Sujata Satapathy, General Secretary, IACBT.

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