



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B. A. CHOICE BASED CREDIT SYSTEM (CBCS)

Credit and Semester System Syllabus

NAME OF THE SUBJECT: PSYCHOLOGY

SEMESTER: 3rd

SR. NO.	PAPER NO	NAME OF THE PAPER	TOTAL MARKS EXT+INT=TOTAL	PASSING STANDARD EXT+INT=TOTAL	TOTAL TEACHING HOURS	CREDITS
1	Psy – CC – 304 and Psy – EC I – 307	Personal Adjustment Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
2	Psy – CC – 305 and Psy – EC I – 308	Developmental Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
3	Psy – CC – 306	Ideologies in Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
4	Psy -EC II- 309	Applied Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03

Marks distribution of Internal Evaluation

- Test : 15 Marks (long question 10 mark, short question 05 marks)
- Assignment/Presentation: 10 marks
- Seminar/Attendance: 05 marks
30 marks



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B. A. CHOICE BASED CREDIT SYSTEM (CBCS)

Credit and Semester System Syllabus

NAME OF THE SUBJECT: PSYCHOLOGY

SEMESTER: 4th

SR. NO.	PAPER NO	NAME OF THE PAPER	TOTAL MARKS EXT+INT=TOTAL	PASSING STANDARD EXT+INT=TOTAL	TOTAL TEACHING HOURS	CREDITS
1	Psy – CC – 404 and Psy – EC I – 407	Adolescent Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
2	Psy – CC – 405 and Psy – EC I – 408	Crime Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
3	Psy – CC – 406	Physiological Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
4	Psy -EC II- 409	Educational Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03

Marks distribution of Internal Evaluation

- Test : 15 Marks (long question 10 mark, short question 05 marks)
- Assignment/Presentation: 10 marks
- Seminar/Attendance: 05 marks
30 marks



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Personal Adjustment Psychology Semester - 3rd Credit: 03

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy. - CC - 304 & Psy. (EC1) -307 Semester – 3rd

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

Objective: (1) To Impart Knowledge about the normality and Abnormality (2) To make Students understand the nature and course of various abnormal conditions (3) To Impart Knowledge and Skills needed for Psychological assessment of different abnormal conditions (4) To impart several of Personal adjustment. This Course aims at providing conceptual foundation of human development especially child development.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<u>Introduction to Personal Adjustment Psychology</u> 1.1. Definition of Adjustment 1.2. Characteristics of Adjustment 1.3. Fields of Adjustment 1.4. Improving of Adjustment 1.5. Definition of Family	12	18
Unit – II	<u>Defence Mechanisms</u> 2.1. Definition of Defence Mechanism 2.2. Direct Action Defence Mechanism 2.3. Oeusatation Defence Mechanism 2.4. Channelisation Escapism Defence Mechanism 2.5. Function of Family	11	18
Unit – III	<u>Neurosis</u> 3.1. Definition of Neurosis 3.2. Characteristics of Neurosis 3.3. Reasons of Neurosis 3.4. Anxiety and Phobia 3.5. Positive Interaction of Parents Between Child	11	17
Unit – IV	<u>Psychosis</u> 4.1 Definition of Psychosis 4.2 Characteristics of Psychosis 4.3 Reasons of Psychosis 4.4 Treatment of Psychosis 4.5 Negative Interaction of Parents Between Child	11	17

Reference / Text –Books / Additional Reading:

1. Kamdar, N.H. and other Author, (1997), 1st Ed., “Personal Adjustment Psychology”, Pashrv Publication, Ahmedabad, Page No.7, 48, 72, 84, 102
2. Kothari, M. (1985), 1st Ed., “Personal Adjustment Psychology”, Aanbani Publication, Ahmedabad, Page No.1, 48, 92, 129,152.
3. Vora, A.H., and other Author (1968), 2nd Ed., “Psychology of Personal Adjustment”, Bharat Publication, Ahmedabad, Page No.1, 109,228,336,362.



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Developmental Psychology Semester - 3rd Credit: 03

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy. - CC – 305 & Psy. (EC1) -308 Semester – 3rd

Marking Scheme: External Examination: 70 + Internal Exam: 30

Week – 15 Total Hours - 45

Objective: (1) This course aims at Providing Conceptual Foundation of Human Development
(2) To acquaint the students with the traditional approach of development Psychology (3) To provide students a Perspective on the development Psychology

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<u>Introduction to Developmental Psychology</u> 1.1 Meaning of Development 1.2 Characteristics of Development 1.3 Principles of Development 1.4 Effective Factors of Human Development 1.5 Characteristics of Old Age	12	18
Unit – II	<u>Newborn Baby Age</u> 2.1 Characteristics of Newborn Baby 2.2 Impacts on Developmental Condition of Newborn Baby 2.3 Adjustment Types of Newborn Baby 2.4 Sensationality of Newborn Baby 2.5 Physical Changing in Old Age	11	18
Unit – III	<u>Adulthood</u> 3.1 Characteristics of Adulthood 3.2 Developmental Tasks of Adulthood 3.3 Occupational Adjustment of Adults 3.4 Factors affected to Marital Adjustment of Adults 3.5 Mental Changing in Old Age	11	17
Unit – IV	<u>Middle Age</u> 4.1 Characteristics of Middle Age 4.2 Developmental Tasks of Middle Age 4.3 Types of Amusements of Interest of Middle Age 4.4 Adjustment Problems of Middle Age 4.5 Problems of Old Age	11	17

Reference / Text –Books / Additional Reading:

1. Desai, Y.K., (1975), 1st Ed., “*Development Psychology*”, University book Production, Ahmedabad, Page No. 1, 130, 490, 523.
2. Kanawala, H.C., (1974), 1st Ed., “*Development Psychology part-1&2*”, University book Production, Ahmedabad, Page No. 1, 105, 239, 421, 570.
3. Parikh, B.A., (2008-9), 1st Ed., “*Human Development Psychology*”, Popyular Published, Surat, Page No. 1, 133, 156.



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Ideologies in Psychology Semester - 3rd

Credit: 03

Syllabus for - UG B. A. Programmes Course - CBCS

Course No - Psy. - CC - 306 Semester - 3rd

Type of Course - CC - 306

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week - 15 Total Hours - 45

Objective: (1) To Provide Students in Psychology the School of Psychology (2) To acquaint the students with the traditional approach and development in Psychology

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit - I	<u>Introduction</u> 1.1. Meaning of School 1.2. Reasons for Existence of Schools in Psychology 1.3. Effect of School on Psychology in Sport Psychology 1.4. Effect of School on Psychology in Environment Psychology 1.5. Meaning of Associationism	12	18
Unit - II	<u>Behaviourism</u> 2.1 The Background for the Beginning of Behaviourism 2.2 Principles of Behaviourism 2.3 Principles of John B. Watson 2.4 Principles of Karl S. Lesley 2.5. Principles of Herman Ebbinghaus	11	18
Unit - III	<u>Gestalt</u> 3.1. The Background for the Beginning of Gestalt 3.2. Principles of Max Wertheimer 3.3. Principles of Wolfgang Kohler 3.4. Contribution of Gestalt in Psychology 3.5. Principles of Evan Petrovich Pavlov	11	17
Unit - IV	<u>Psychoanalysis</u> 4.1. The Background for the Beginning of Psychoanalysis 4.2. Conscious, Sub-Conscious and Unconscious Mind 4.3. Id, Ego and Super Ego 4.4. Contribution of Psychoanalysis in Psychology 4.5. Contribution of Associationism in Psychology	11	17

Reference / Text - Books / Additional Reading:

1. Kanawala, S.C., (1996), 1st Ed., "Manovigyanna Karnadharo", Gujar Publication, Ahmedabad, Page No. 22, 30, 40, 47, 50, 68.
2. Pandya, K., (1993), 1st Ed., "Ideologies in Psychology", University book Production, Ahmedabad, Page No. 1, 59, 81, 134, 170, 199
3. Parikh, B.A., (2001), 4th Ed., "Systems and theories of Psychology", University book Production, Ahmedabad, Page No. 1, 158, 202, 305, 362, 457.
4. Sharma, K.N., (1997), 3rd Ed., "Ideologies in Psychology", Har Parsad Bhargav Agra, Page No. 1, 90, 130, 179.



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Applied Psychology Semester - 3rd Credit: 03
Syllabus for - UG B. A. Programmes Course – CBCS
Course No – Psy. (EC2) -309 Semester – 3rd

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

Objective: Helping the Students to acquaint with the key concepts. Subject matter & Application of Psychology

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<u>Introduction to Applied Psychology</u> 1.1. Definition of Applied Psychology 1.2. Nature of Applied Psychology 1.4 Fields of Study of Applied Psychology 1.4 Utility of Applied Psychology 1.5. Contribution of Psychology in Medicine	12	18
Unit – II	<u>Industry and Advertisement</u> 2.1 Effective Methods of Work 2.2 Definition of Advertisement 2.3 Techniques of Affecting Advertisement 2.4 Characteristics of Good Salesman 2.5 Psychological Research Regarding Effects of Drugs	11	18
Unit – III	<u>Law and Crimes</u> 3.1 Comparison of Law and Psychology 3.2 Techniques to Prove Charges 3.3 Definition of Crime 3.4 Psychological Treatment of Criminals 3.5 Definition of Clinical Psychology	11	17
Unit – IV	<u>War and Propaganda</u> 4.1 Morale at the Time of War 4.2 Techniques to Increase Morale of Soldiers 4.3 Importance of Propaganda in Warfare 4.4 Techniques to Increase Morale through Propaganda 4.5 General Introduction of Therapy	11	17

Reference / Text –Books / Additional Reading:

1. Jariwala, I.C., (1973), 1st Ed., “*Applied Psychology*”, University book Production , Ahmedabad, Page No. 1, 184, 142, 167, 196.
2. Kamdar, N.H., (1995), 1st Ed., “*Applied Psychology*”, Pashv Published, Ahmedabad, Page No. 7, 38, 51, 64, 73, 83, 93, 100, 114.
3. Parikh, B.A., (1967), 1st Ed., “*Applied Psychology*”, Popyular Published, Surat, Page No. 1, 179, 241, 305, 341
4. Sheth, B.M., (1967), 1st Ed., “*Applied Psychology*”, Rasna Published, Ahmedabad, Page No. 3, 155, 193, 215, 285



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Adolescent Psychology Semester - 4th Credit: 03

Syllabus for - UG B. A. Programmes Course - CBCS

Course No - Psy. - CC - 404 & Psy. (EC1) - 407 Semester - 4th

Marking Scheme: External Examination: 70 + Internal Exam: 30

Week - 15 Total Hours - 45

Objective: To acquaint student with the basic concepts of Adolescence psychology
To provide student of perspective on Adolescence psychology behaviour

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit - I	<u>Introduction to Adolescent Psychology:</u> 1.1 Definition of Adolescence Psychology 1.2 Nature of Adolescence Psychology 1.3 Stages of Human Development 1.4 Subject Matter of Adolescence Psychology 1.5. Attitude of sexuality	12	18
Unit - II	<u>Development of Adolescence:</u> 2.1. Physical Development 2.2. Mental Development 2.3.. Emotional Development 2.4. Social Development 2.5. Attitude of Love	11	18
Unit - III	<u>Personality Development of Adolescence:</u> 3.1 Meaning of Personality Development 3.2 Needs of Personality Development 3.3 Adolescence Characteristics of Personality (Physical, Mental, Social and Ethical) 3.4 Hazards of Adolescence 3.5 Attitude towards Life Partner	11	17
Unit - IV	<u>Aptitude, Attitude and Belief Development of Adolescence:</u> 4.1 Meaning of Aptitude 4.2 Nature of Aptitude 4.3 Meaning and Nature of Attitude 4.4 Development of Attitude and Belief 4.5 Psychosocial Relations in marriage	11	17

Reference / Text - Books / Additional Reading:

- 1 OMP V[DP 5[:TG0, "TF~^I DGMIJ7FG" I]IGJ];"8L U\Y IGDF"6 AM0", U]HZFT ZFHI4 VDNFJFN
- 2 OMP Z60TI;\C 0P 5ZDFZ4 "DFGJ IJSF; VG[T~EFJ:YFG]\ DGMIJ7FG"4 ;F{ZFQ8= I]IGJ];"8L4 ZFHSM8P
- 3 S.S. Chauhan, "Psychology of Adolescence" Allied Publishers Private Ltd., New Delhi
- 4 Shah.D.R. and other Authors, (2011-12), 2nd Ed, "Adolescent Psychology" C.Jamnadas Com., Ahmedabad, Page. No. 1, 17, 34, 50, 59.



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Crime Psychology Semester – 4th Credit: 03

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy. - CC - 405 & Psy. (EC1) -408 Semester – 4th

Marking Scheme: External Examination: 70 + Internal Exam: 30

Week – 15 Total Hours - 45

Objective: (1) To acquaint student with the basic concepts of Crime (2) Helping the student to acquaint with the key concepts, methods, subject matter and application of Crime psychology.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<u>Introduction to Crime Psychology:</u> 1.1 Manning of Crime Psychology 1.2 Nature of Crime Psychology 1.3 Subject Matter of Crime Psychology 1.4 Importance of Crime Psychology 1.5.Schizophrenia, Hypomania and Mania	12	18
Unit – II	<u>Principles of Crime:</u> 2.1 Economics Principle of Crime 2.2 Sociological Principle of Crime 2.3 Political Principle of Crime 2.4 Psychological Principle of Crime 2.5.Deviate Sexual	11	18
Unit – III	<u>Causes of Crime :</u> 3.1 Economy Causes of Crime 3.2 Politics Causes of Crime 3.3 Social Causes of Crime 3.4 Psychological Causes of Crime 3.5 Antisocial Personality	11	17
Unit – IV	<u>Controlled of Crime:</u> 4.1 Crime Controls Model 4.2 Efforts of Crime Control 4.3 Crime in India and Gujarat 4.4 Psychological Steps of Crime Control 4.5 Hostility and Aggressiveness	11	17

Reference / Text –Books / Additional Reading:

- (1) Parmar, R.G. and Tapariya, J. (2010). 1st Ed, “Psychology of Crime”, Surya Publication, Kanpur.
- (2) Parmar K.G. and Tapariya, J. (2010). 1st Ed, “Crime Psychology”, Paradise Publisher, Jipur.
- (3) Shah, D. R. and other Author, (2011). 1st Ed, “Crime Psychology”, C. Jamnadas Co., Ahmedabad, Peg. No. 1, 13, 28, 54, 67.



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Physiological Psychology Semester – 4th Credit: 03

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy. - CC - 406 Semester – 4th

Type of Course - CC - 406

Marking Scheme: External Examination: 70 + Internal Exam: 30

Week – 15 Total Hours - 45

Objective: (1) Teaching a Student the basics of biological bases of behaviour including Psychophysiology and behaviour genetics (2) Teaching a student the Historical background of behavioural biology.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<u>Introduction of Physiological Psychology:</u> 1.1 Definition of Physiological Psychology 1.2 Nature of Physiological Psychology 1.3 Scope of Physiological Psychology 1.4 Importance of Physiological Psychology 1.5 Method of Degeneration	12	18
Unit – II	<u>Internal Environment:</u> 2.1 Definition and Same Effect of Internal Environment Factors 2.2 Meaning and Behaviour Effects of Metabolism 2.3 Meaning and Behaviour Effects of Enzymes 2.4 Meaning and Behaviour Effects of Vitamins 2.5 Method of Extirpation	11	18
Unit – III	<u>Neuron and Nervous System</u> 3.1. Structure of Neuron 3.2. Reflex Action 3.3. Spinal Cord and Cerebrum 3.4. Peripheral Nervous System 3.5 Method of Electrolytic Lesionous	11	17
Unit – IV	<u>Motivation and Emotional Bases of Behaviour:</u> 4.1 Hunger Drives 4.2 Thirst Drives 4.3 Changes of Physical at Emotion Time 4.4 Emotion and Autonomic Nervous System 4.5 Method of Bio-Chemical	11	17

Reference / Text -Books / Additional Reading:

1. Dave, M.M. and other Author, (1975), 1st Ed., “*Physiological Psychology*”, Shah Published, Ahmedabad, Page No.1, 34, 56, 168.
2. Joshi, B.H., (2005-06), 7th Ed., “*Physiological Psychology*”, C, Jamnadas Co., Ahmedabad, Page No.1, 18, 34, 63, 126, 143.
3. Kapdiya, U.A., (1976), 2nd Ed., “*Physiological Psychology*”, Anda book deepo, Ahmedabad, Page No.1, 41, 158, 181.
4. Shah, A. H., (2005), 1st Ed., “*Physiological Psychology*”, Pashv Published, Ahmedabad, Page No.1, 28, 38, 98, 112.



MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY
(With effect from Academic Year 2019-20)

B.A. (PSYCHOLOGY) Educational Psychology Semester – 4th Credit: 03

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy. (EC2) -409 Semester – 4th

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

Objective: (1) Describe the history of educational Psychology (2) Explain the Learning of educational Processes and its influence on behaviour (3) Explain the Psychology role of Teacher

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<u>Introduction to Educational Psychology:</u> 1.1 Definition of Educational Psychology 1.2 Nature of Educational Psychology 1.3 Scope of Educational Psychology 1.4 Evaluation and Case History Methods 1.5 Meaning of Growth and Development	12	18
Unit – II	<u>Physical Growth and Mental Development:</u> 2.1 Prenatal Development 2.2 Characteristics of Physical Growth 2.3 Educational References of Physical Development 2.4 Nature of Mental Development 2.5 Characteristics of Development	11	18
Unit – III	<u>Social and Character Development</u> 3.1. Stages of Social Development 3.2. Various Patterns of Socialization Process 3.3. Other Related Factors of Social Development 3.4. Character Formation 3.5. Maturation and Learning	11	17
Unit – IV	<u>Effective Methods of Learning and Study:</u> 4.1. Meaning of Study 4.2. Same Effective Matter of Study 4.3. How Can Development Be Effective Study Habit? 4.4. Habit and Brilliant of Study 4.5. Heredity and Environment	11	17

Reference / Text –Books / Additional Reading:

- (1) Bhatt,D.C., and Patel,A.D.,(1989),1st Ed., “Educational Psychology”, Anda book deepo, Ahmedabad , Page No.6, 55.
- (2) Bhatt D. C. and Raval, C. H., (2003), 1st Ed., “Educational Psychology”, Anda book deepo, Ahmedabad, Page No. 1, 18, 110, 123.
- (3) Parikh B. A., (2008-9), 4th Ed., “Introduction Educational Psychology”, Popular Published, Surat, Page No.1, 25, 43, 72, 111.