



**B.A. CHOICE BASED CREDIT SYSTEM (CBCS)**

Credit and Semester System Syllabus

NAME OF THE SUBJECT: PSYCHOLOGY

SEMESTER: 5<sup>th</sup>

<b>SR. NO.</b>	<b>PAPER NO</b>	<b>NAME OF THE PAPER</b>	<b>TOTAL MARKS EXT+INT=TOTAL</b>	<b>PASSING STANDARD EXT+INT=TOTAL</b>	<b>TOTAL TEACHING HOURS</b>	<b>CREDITS</b>
1	Psy - CC - 504	Advanced General Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
2	Psy - CC - 505	Research Methodology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
3	Psy - CC - 506	Practical in psychology – 1	Ext = 100	Ext = 40	15 Weeks x 3 Hours = 45	03
4	Psy - CC - 507	Health Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
5	Psy - CC - 507	Abnormal Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
6	Psy - CC - 508	Counselling Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
7	Psy - CC - 508	Theories of Personality (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
8	Psy - CC - 509	Industrial Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
9	Psy - CC –509	Organizational Behaviour (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03

**Marks distribution of Internal Evaluation**

- Test : 15 Marks ( long question 10 mark, short question 05 marks )
- Assignment/Presentation: 10 marks
- Seminar/Attendance: 05 marks  
30 marks



**B.A. CHOICE BASED CREDIT SYSTEM (CBCS)**

Credit and Semester System Syllabus

NAME OF THE SUBJECT: **PSYCHOLOGY**

SEMESTER: **6<sup>th</sup>**

SR. NO.	PAPER NO	NAME of THE PAPER	TOTAL MARKS EXT+INT=TOTAL	PASSING STANDARD EXT+INT=TOTAL	TOTAL TEACHING HOURS	CREDITS
1	Psy - CC - 604	Psychopathology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
2	Psy - CC -605	Statistics in Psychology	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
3	Psy - CC -606	Practical in Psychology – 2	Ext = 100	Ext = 40	15 Weeks x 3 Hours = 45	03
4	Psy - CC -607	Psychology of sex and Married Life (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
5	Psy - CC -607	Cultural Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
6	Psy - CC -608	Environmental Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
7	Psy - CC -608	Sports Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
8	Psy - CC -609	Psychological Essay (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03
9	Psy - CC -609	Consumer Psychology (Optional)	70 + 30 = 100	28 + 12 = 40	15 Weeks x 3 Hours = 45	03

**Marks distribution of Internal Evaluation**

- Test : 15 Marks ( long question 10 mark, short question 05 marks )
- Assignment/Presentation: 10 marks
- Seminar/Attendance: 05 marks  
30 marks



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Advanced General Psychology Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 504 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 504

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** To acquaint Students with the Key Concepts, methods, Subject Matter and Application Psychology along with the advancement Psychology.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b>Introduction of Advanced General Psychology:</b> 1.1. Definition of Advance General Psychology 1.2. Nature of Advance General Psychology 1.3. Aims and Utility of Advance General Psychology 1.4. Various Fields of Psychology 1.5. Definition of Thinking	12	18
Unit – II	<b>Visual and Hearing Sensation:</b> 2.1 Definition of Sensation 2.2 Structure of Eye and Ear 2.3 Theories of Colour Vision 2.4 Theories of Hearing 2.5 Process of Thinking	11	18
Unit – III	<b>Consciousness:</b> 3.1 What is Consciousness? 3.2 Stags of Sleep 3.4 Why Comes Dreams? 3.4 Hypnotism 3.5 Factors in Thinking	11	17
Unit – IV	<b>Emotion:</b> 4.1 Role of Autonomic Nervous System 4.2 Theories of Emotion 4.3 Emotions and Motivated Behaviour 4.4 Polygraph and Lie-Detector 4.5 Concept Formation Meaning and Measurement	11	17

**Reference / Text –Books / Additional Reading:**

1. ઉચ્ચતર સામાન્ય મનોવિજ્ઞાન લેખક: પ્રિ.ડો.કે.બી.વ્યાસ, પ્રા.ભરતકુમાર બી.ગાંધીલ, પ્રા. રજનીકાન્ત એલ.પટેલ, પ્રા.બાલમુકું એમ.શેઠ, પ્રા.દીપક આર.શાહ, સી.જમનાદાસ એન્ડ કું., અમદાવાદ
2. પ્રગત સામાન્ય મનોવિજ્ઞાન-પ્રા.શશીકાન્ત ડી.પાઠક, પ્રિ.ડો.ભાલચંદ્ર એચ.જોશી, પ્રા. ડો. બી. એમ. કોન્ટ્રાક્ટર, સી.જમનાદાસ ની કંપની., અમદાવાદ
3. An Introduction to Psychology: Morgan, C.T. & King R. A.(1971), Bombay. Tata McGraHill
4. Parikh, B.A. (1994). 1<sup>st</sup> Ed. “Advanced General Psychology”, University Book Production, Ahmedabad, Page. No. 1, 69, 96, 164, 221, 349.



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Research Methodology Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 505 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 505

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To acquaint Students With the Psychological methods for data collection. (2) To provide an overview of scientific approaches to psychological research in items of sampling techniques scientific method.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b>Research Process:</b> 1.1. Meaning of Research 1.2. Function of Research 1.3. Difference between Commonsense and Research 1.4. Main Steps of Research Process 1.5. Meaning of Survey	12	18
Unit – II	<b>Selection and Formulation of Research Problem:</b> 2.1. Selection of Research Subject 2.2. Formation of Research Problem 2.3. Sources of Hypothesis 2.4. Types of Hypothesis 2.5. Aims of Survey	11	18
Unit – III	<b>Principles of Sampling :</b> 3.1 Population or Universe 3.2 Meaning of Sample 3.3 Probability Sampling 3.4 Non Probability Sampling 3.5 Subject Matter of Survey	11	17
Unit – IV	<b>Questionnaire Method:</b> 4.1. Meaning of Questionnaire. 4.2. General Principles to Questionnaire Structure. 4.3. Subject Matter of Questions in Questionnaire 4.4. Word Structure of Questions in Questionnaire 4.5. Main Planning Problems of Survey	11	17

**Reference / Text –Books / Additional Reading:**

1. Desai. A.N. (1997), 3<sup>rd</sup> Ed., “*Research Methods in social Sciences*”, University Book Production Board, Ahmedabad, Page No.141.
2. Desai, Y.K. and other author, (1995), 1<sup>st</sup> Ed., “*Methodology of Psychology and Statistics*”, Part-1, Popular Publishing, Surat, Page No.19, 121, 143, 174, 208.
3. Malak, M.R. and other authors, (2007-8), 2<sup>nd</sup> Ed., “*Research Methods in Psychology*”, C. Jambadas Co. Ahmedabad, Page No.13, 25, 48, 86, 101.



**B.A. (PSYCHOLOGY) Practical in Psychology - 1 Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 506 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 506

Week – 15 Total Hours - 45

**Marks: Semester End Examination: = 100**

**Objective:** To Provide training to the students in conducting experiments and administration.

(1) Students will have to prepare their Practical journals as a part of Laboratory work and they will have to submit certified journals in the University practical exam. (2) Students shall not be allowed without certified journals in the University practical examination

Marks distribution for practical examination:

1. Journal	=	20
2. Performance	=	25
3. Reporting	=	40 (Report 1 <sup>st</sup> = 25 and Report 2 <sup>nd</sup> = 15)
4. Viva	=	<u>15</u>
<b>Total Marks</b>	=	<b>100</b>

Any Six Practical from the Following Practices:

- (1) Suggestion by progressive weight method
- (2) Measurement of optical illusion in Muller liar figure
- (3) Mirror tracing
- (4) Fluctuation of attention
- (5) Whole v/s part method of learning
- (6) Effect of Incant on learning
- (7) Concept formation

Each batch consists of 20: 10 students + 10 subjects

Practical General Instructions for whole class (Credits -03)

5 Hours for each Practical: 5 x 6 for each batch. 06 Hours  
+ 30 Hours  
36 Hours

**Reference / Text –Books / Additional Reading:**

1. Bhopatkar, C.T. (1972), 1<sup>st</sup> Ed., “*Experimental Psychology*”, Gujarat University, Ahmedabad, Page No. 529, 547, 556, 579, 586, 590, 621.
2. Kanawala, S.C. (1979), 5<sup>th</sup> Ed., “*Experimental Psychology: Theory & Manual*”, University Book Production Board, Ahmedabad, Page No.110, 122, 137, 149, 191, 227.
3. Maleek, M.R. and other Authors, (2004), 11<sup>th</sup> Ed., “*Psychology Experiments and Statistics*”, Part – 1, C. Jamnadas Co. Ahmedabad, Page No.5, 17, 23, 34, 50



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Health Psychology (Optional) Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 507 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 507

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) Introduction to the concept and models of health in the social – cultural contexts and the scope of health psychology. (2) Introduction to the health damaging and health – promoting life styles. (3) Introducing stress phenomenon with health related consequence and its management.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction to Health Psychology:</u></b> 1.1. Definition of Health Psychology 1.2. Why is the field of Health psychology needed? 1.2.1 Changing Patterns of Illness 1.2.2 Impact of Epidemiology 1.3. The Biopsychosocial Model in Health psychology. 1.4. Disorders of the Cardiovascular	12	18
Unit – II	<b><u>Patient – Provider Relations:</u></b> 2.1 What is a Health Care Provider? 2.2 Nature of Patient – Provider Communication. 2.2.1 Patient Consumerism 2.2.2 Structure of the Health Care Delivery System 2.3 What is a Placebo? 2.4. Disorders of the Respiratory System	11	18
Unit – III	<b><u>Heart Disease, Stroke and Diabetes</u></b> 3.1. What is C.H.D.? , Personality and Heart Disease 3.2. Management of Heart Disease 3.3. Consequences of Stroke 3.4. Problems of Self-Management of Diabetes 3.5. Hepatitis	11	17
Unit – IV	<b><u>Management of Chronic Illness.</u></b> 4.1 Quality of life 4.2 Emotional Responses to Chronic Illness 4.1.1 Denial 4.1.2 Depression 4.3 Psychological Interventions and Chronic Illness 4.5 Disorders of the Renal System	11	17

**Reference / Text –Books / Additional Reading**

1. Shah, A.S. (2012), 2<sup>nd</sup> Ed., “*Health Psychology*”, Pashv Publication, Ahmedabad, Page No.15, 41, 156, 189,215.
2. Shelley. E.T. (2009), 4<sup>th</sup> Ed., “*Health Psychology*”, Mc.Grow. Hill, New Delhi.
3. Mathur S.S. and Mathur A. (2005), 2<sup>nd</sup> Ed., “*Health Psychology*”, “*Health Psychology*”, Vinod Pustak Mandir, Agra, Page No. 1, 13, 20, 62, 83.



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Abnormal Psychology (Optional) Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 507 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 507

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To acquaint Students with the basic concepts of abnormal psychology (2) To Provide Students a Perspective abnormal behaviour

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b>Introduction of Abnormal Psychology:</b> 1.1. Definition of Abnormal Psychology 1.2. Nature of Abnormal Psychology 1.3. Scope of Abnormal Psychology 1.4. Criteria for Abnormal Behaviour 1.5. Effect of Brain frquma & Cerebral neoplasm	12	18
Unit – II	<b>Schizophrenia:</b> 2.1. Syndromes of Schizophrenia 2.2. Diagnostic Criteria 2.3. Clinical types of Schizophrenia 2.4. Causes of Schizophrenia 2.5. Epidemic Encephalitis	11	18
Unit – III	<b>Affective Psychosis:</b> 3.1 Manic psychosis 3.2 Depressive Psychosis 3.3 Causes of Manic and Depressive psychosis 3.4 Treatment of Manic and Depressive psychosis 3.5 General Paresis	11	17
Unit – IV	<b>Psychosomatic Disorders:</b> 4.1 Respiratory Disorders 4.2 Gastrointestinal Disorders 4.3 Cardiovascular Disorders 4.4 Dermatological Disorders 4.5 Juvenile Paresis	11	17

**Reference / Text –Books / Additional Reading:**

1. Dave C.B. and Co authors, (1995), 1<sup>st</sup> Ed., “Abnormal Psychology”, C. Jamnadas Co., Ahmedabad, Page No. 1, 103, 145, 168.
2. Kapil H.K., (1988), 2<sup>nd</sup> Ed., “Abnormal Psychology”, Har pasad bhargav, Agra, Page No.1, 425, 443, 477, 494
3. Patel M. (1989), 3<sup>rd</sup> Ed., “Abnormal Psychology”, University book production board, Ahmedabad, Page No.1, 324, 399, 428, 464.



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A.(PSYCHOLOGY) Counselling Psychology (Optional) Semester - 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 508 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 508

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To Provide Students a perspective on Counselling Psychology (2) To Familiar the Students to the theory method of Counselling Psychology

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction to Counselling Psychology:</u></b> 1.1. What is Counselling? 1.2. Definition of Counselling 1.3. What Counselling is not? 1.4. Characteristics of Counselling 1.5. Meaning of Counselling Process	12	18
Unit – II	<b><u>Counsellors Selection and Ethics:</u></b> 2.1 Problems of Counsellors Selection 2.2 Characteristics of a Successful Counsellor 2.3 Meaning of Ethics 2.4 The Ethics for the Profession of Counsellor. 2.5 Phases of Counselling Process	11	18
Unit – III	<b><u>Counselling Relationship and Counselling Interview:</u></b> 3.1 Meaning of Counselling Relationship 3.2. Dimensions of Counselling Relationship 3.3. Meaning of Counselling Interview 3.4. Aims and Merits of Counselling Interview 3.5. Variable Influencing Counselling Process	11	17
Unit – IV	<b><u>Counselling Techniques:</u></b> 4.1 Meaning of Counselling Technique 4.2 Opening Technique 4.3 Acceptance Technique 4.4 Clarification Technique	11	17

**Reference / Text –Books / Additional Reading:**

- 1 Dave C.B. and Co. authors, (1996), 4<sup>th</sup> Ed., “*Counselling Psychology*”, Viral Publishing, Ahmedabad, Page No.1, 38, 57, 77, 109.
- 2 Maleek M.R. and Co. authors, (2008-9), 3<sup>rd</sup> Ed., “*Counselling Psychology*”, C. Jamnadas Co., Ahmedabad, Page No.1, 50, 89, 110, 123, 152.
- 3 Patel S.T. (2001), 3<sup>rd</sup> Ed., “*Counselling Psychology*”, University book production board, Ahmedabad, Page No.1, 145, 181, 237, 276, 302, 357.





**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A.(PSYCHOLOGY) Theories of Personality (Optional) Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 508 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 508

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** This course helps the students to understand the diverse psychological strategies to Analyse personality

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b>Introduction of Personality:</b> 1.1. Definition of Personality 1.2. Nature of Personality 1.3. Development of Personality 1.4. Effective Factors on Development Personality	12	18
Unit – II	<b>Freud's Theory of Personality:</b> 2.1 Elements of Personality 2.2 Nature of Personality Development 2.3 Stages of Personality Development 2.4 Effecting Factors of Personality Nature	11	18
Unit – III	<b>Jung's Theory of Personality:</b> 3.1 Basic Concept of Jung's Theory of Personality 3.2 Introversion and Extroversion 3.3 Archetypes, Anti-Social Behaviour 3.4 Word Association Test	11	17
Unit – IV	<b>Adler's &amp; Maslow's Theory of Personality:</b> 4.1. Basic Concepts of Adler's Theory Personality 4.2. Explain the various Personality processes of give us by Adler 4.3. Basic Concepts of Maslow's Theory of Personality 4.4. Characteristics of Self-Esteem Persons	11	17

**Reference / Text –Books / Additional Reading:**

1. Bhatt K.K., (1996), 2<sup>nd</sup> Ed., "Theories of Personality", University Book Production, Ahmedabad, Page No. 1, 28, 71, 105, 271
2. Sojitra J.A. and Co. authors, (1974), 1<sup>st</sup> Ed., "Psychological Essay", Pashv Publishing, Ahmedabad, Page No. 81
3. Vyas K.B. and Co. authors, (1976), 1<sup>st</sup> Ed., "Advanced General Psychology", C.Jamnadas Co., Ahmedabad, Page No. 366



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Industrial Psychology (Optional) Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 509 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 509

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To acquaint the student with the nature of work behaviour (2) The course would create an enabling experience in the students to understand the Industrial processes and its linkage with the social contexts

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b>Introduction to Industrial Psychology:</b> 1.1. Definition of Industrial Psychology 1.2. Nature of Industrial Psychology 1.3. Scope of Industrial Psychology 1.4. Industrial Psychology as a Profession. 1.5. Principles of Psychological Testing 1.6. An Overview of a Testing Programme	12	18
Unit – II	<b>Job Analysis:</b> 2.1. Meaning of Job Analysis 2.2. Uses of Job Analysis 2.3. Source of Information for Analysis 2.4. Job Specification 2.5. Types of Psychological Test	11	18
Unit – III	<b>Engineering Psychology:</b> 3.1..History and Scope of Engineering Psychology 3.2.Time and Motion Study 3.3.Person – Machine Systems 3.4.Workspace Design	11	17
Unit – IV	<b>Work Environment:</b> 4.1Meaning and Nature of Fatigue and Boredom 4.2Measurement of Fatigue 4.3Alleviation of Fatigue 4.4Alleviation of Boredom	11	17

**Reference / Text –Books / Additional Reading:**

1. Siegal and Lane 3<sup>rd</sup> Ed (1977) “Psychology in Industrial organization”, mumbai.D.B.Tarapurwala and Co.
2. Schultz, D. and Schultz, S.e (2002) ‘Psychology & Work Today’, Delhi person education (First India Reprint 2004)
3. Dave,C. B. and Other Author, (2007). 1<sup>st</sup> Ed. “Psychology In Industrial Organisation”, Viral Publication, Ahmedabad, Page No. 1, 19, 57, 87, 108.



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Organizational Behaviour (Optional) Semester – 5<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 509 Semester – 5<sup>th</sup>

Type of Course - Psy. - CC - 509

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** This course designed for the students of human behaviour aims at understanding the behaviour of individuals along with other organizational assets.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction Organizational Behaviour and Psychology:</u></b> 1.1. What is organizational Behaviour 1.2. Model of organizational Behaviour 1.3. Organizational Diagnosis – Purpose of organizational Diagnosis. 1.4. Subject matter of organizational psychology 1.5. <u>Leadership</u> Definition and Nature	12	18
Unit – II	<b><u>Organizational Change and Development:</u></b> 2.1. Meaning of Organizational Change 2.2. Forces or factors of change. 2.3. Objectives of organizational Development 2.4. Benefits of organizational Development 2.5. Personality Traits	11	18
Unit – III	<b><u>Theories of Organization:</u></b> 3.1. Classical Theory – Characteristics: Merits – Demerits 3.2. Neo-Classical Theory or Human Relations Approach: Merit – Demerits 3.3. Modern Theory or system Theory: Merit – Demerits 3.4. Theory X and Theory – Y 3.5. Types of Leadership	11	17
Unit – IV	<b><u>Communication and Group Dynamic:</u></b> 4.1. Meaning and Nature of Communication 4.2. Goals or objective of communication 4.3. Types of communication 4.4. Patterns, Networks or models of Communication 4.5. Function of Leadership	11	17

**Reference / Text –Books / Additional Reading:**

1. Robbins, SP (2000), Organizational behaviour : Concepts, controversies and applications VII<sup>th</sup> Ed., New Delhi, Prentice Hall of India
2. Pfeffer, J. (1994), Competitive advantage through people : Unpleasing the power of work force Boston : Harvard Business School Press
3. Dunnette M.D. & Hough, L. M. (1992). Handbook of industrial and organizational psychology, 2<sup>nd</sup> Ed. Palo Alto; Consulting Psychology Press..



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Psychopathology** Semester – 6<sup>th</sup> Credit: 03

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 604 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 604

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To impart knowledge about the Normality and Abnormality. (2) To make Students Understand the Nature and Course of Various Abnormal Conditions. (3) To impart knowledge and Skills needed for Psychological assessment of different Abnormal Conditions.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction to Psychopathology:</u></b> 1.1. Definition of Psychopathology 1.2. Abnormal Behaviour in Modern Era 1.3. Experts working in Psychopathology 1.4. DSM Classification of Mental Disorders 1.5. Schizotypal and Antisocial Personality Disorders	12	18
Unit – II	<b><u>Causal Factors in Psychopathology:</u></b> 2.1. Biological Causal Factors 2.1.1 Neurotransmitter and Hormonal Imbalance 2.1.2 Genetic Vulnerabilities 2.2 Psychological Causal Factors 2.2.1 Early Deprivation of Trauma 2.2.2 Pathogenic Family Structure 2.3. Borderline and Histrionic Personality Disorders	11	18
Unit – III	<b><u>Schizophrenia:</u></b> 3.1. Meaning of Schizophrenia 3.2. Symptoms of Schizophrenia 3.3. Types of Schizophrenia 3.4. Psycho-Social Factors in Schizophrenia 3.5. Narcissistic and Avoidant Personality Disorders	11	17
Unit – IV	<b><u>Mood Disorders:</u></b> 4.1. Meaning of Mood Disorder 4.2. Symptoms of Depressive Disorder 4.3. Symptoms of Bipolar Disorder 4.4. Causes of Suicide 4.5. Dependent and Obsessive Compulsive Personality Disorders	11	17

**Reference / Text –Books / Additional Reading:**

- 1 Jogsan, Y.A. and Co, author, (2005), 1<sup>st</sup> Ed., “*Psychopathology*”, Ashur publishing, Ahmedabad , Page No.1, 287, 301, 309.
- 2 Shah A.S., (2005), 1<sup>st</sup> Ed., “*Psychopathology*”, Pashv Publishing, Ahmedabad, Page No.9, 27, 126, 141, 156.
- 3 Shirivastav A.,(2008), 2<sup>nd</sup> Ed., “*Psychopathology*”, Agarwal Publishing, Agra, Page No.1, 7, 124, 254



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Statistics in Psychology Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 605 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 605

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To provide students the statistical method to analyze cleared data  
(2) To develop an understanding of various statistical techniques in terms of their assumptions applications and limitations.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction to Statistics and Frequency Distribution:</u></b> 1.1. Definition of Statistics 1.2. Utility of Statistics in Psychology 1.3. Limitations of Statistics 1.4. Common Elements in Statistics 1.5. Frequency Distribution	12	18
Unit – II	<b><u>Graphs and Measures of Central Tendency :</u></b> (Classified Data & Example) 2.1.Frequency Distribution of Graphs 2.1.1 Histogram 2.1.3. Frequency Curve 2.1.2 Frequency Polygon 2.1.4 Cumulative Frequency Curve 2.2.Mean 2.3.Median 2.4.Mode	11	18
Unit – III	<b><u>Quartiles, Deciles, Percentiles and Percentile Rank:</u></b> (Classified Data & Example) 3.1.Quartiles 3.2.Deciles 3.3.Percentiles 3.4.Percentile Rank	11	17
Unit – IV	<b><u>Measures of Deviation and Correlation:</u></b> (Classified Data & Example) 4.1.Quartile Deviation 4.2.Average Deviation 4.3.Standard Deviation 4.4.Co-relation (Spearman's rank co-relation and Interpretation)	11	17

**Reference / Text –Books / Additional Reading:**

- 1 Desay Y.K. and Co, author, (1995-96), 1<sup>st</sup> Ed., “Methodology of Psychology and Statistics, Part-2”, Popular Publishing, Surat, Page No.1, 9, 26, 37, 61, 83, 103.
- 2 Maleek M.R. and Co, author, (2004), 11<sup>th</sup> Ed., “Psychology Experiments and Statistics, Part-2”, C. Jamnadas Co., Ahmedabad, Page No.1, 7, 20, 30, 49, 72, 92.
- 3 Sheth B.M. and Co, author, (1998), 2<sup>nd</sup> Ed., “Statistics in Psychology”, University Book Production Board, Ahmedabad, Page No.1, 14, 25, 55, 101, 125, 163.



**B.A. (PSYCHOLOGY) Practical in Psychology - 2 Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 606 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 606

Week – 15 Total Hours - 45

**Total Marks: Semester End Examination: = 100**

**Objective** To provide training to the students in conducting experiments and administration

(1) Students will have to prepare their Practical journals as a part of Laboratory work and they will have to submit certified journals in the University practical exam. (2) Students shall not be allowed without certified journals in the University practical examination

Marks distribution for practical examination:

1	Journal	=	20
2	Performance	=	25
3	Reporting	=	40 (Report 1 <sup>st</sup> = 25 and Report 2 <sup>nd</sup> = 15)
4	Viva	=	<u>15</u>
	<b>Total Marks</b>	=	<b>100</b>

Any Six Practical from the Following Practices:

- (1) Gestalt and Other Experiment in Perception
- (2) Immediate Memory Span
- (3) Association Reaction Time
- (4) Maze Learning
- (5) Division of Attention
- (6) Colour Performance by Paired Comparison Method
- (7) Memory of Extent of Movement

Each batch consists of 20: 10 students + 10 subjects

Practical General Instructions for whole class (credits -03)

5 Hours for each Practical: 5 X 6 for each batch. 06 Hours

+ 30 Hours

36 Hours

**Reference / Text –Books / Additional Reading:**

1. Bhopatkar C.T. (1972), 1<sup>st</sup> Ed., “*Experimental Psychology*”, Gujarat University, Ahmedabad, Page No.527, 551, 560, 569, 582, 599, 602
2. Kanawala S. C. (1979), 5<sup>th</sup> Ed., “*Experimental Psychology: Theory & Manual*”, University Book Production Board, Ahmedabad, Page No.117, 131, 142, 153, 159, 174, 204
3. Maleek M.R. and other Authors, (2004), 11<sup>th</sup> Ed., “*Psychology Experiments and Statistics*”, Part – 1, C. Jamnadas Co. Ahmedabad, Page No.11, 27, 39, 55.



**B.A. (PSYCHOLOGY) Psychology of Sex and Married Life (Optional)**

**Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 607 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 607

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To provide students a perspective on human sexuality. (2) To help the students to examine their sex roles and relationship with opposite sex. (3) To acquaint students with reality of sex and married life and prepare them to build successful marital adjustment

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<p><b><u>Fitness for Marriage:</u></b>                      1.1. Purpose of Marriage                      1.2. Fitness for Marriage                      (1.2.1) Economic Fitness (1.2.2) Emotional Fitness (1.2.3) Sexual Fitness (1.2.4) Reproductive Fitness (1.2.5) General Health                      1.3 <b><u>Happiness in Marriage:</u></b>                      1.3.1 Causes of Conflict in Marriage Life</p>	12	18
Unit – II	<p><b><u>Maturity for Marriage:</u></b>                      2.1. Aspect of Maturity for Marriage                      2.2. Characteristics of Maturity for Marriage                      2.3. Characteristics of a Matured Person                      2.4 Happiness in Marriage:                      2.4.1 Stages of Happy Marriage Life</p>	11	18
Unit – III	<p><b><u>Sex Differences:</u></b>                      3.1. Changing Status of Woman                      3.2. Biological Differences of Male and Female                      3.3. Achievement Differences of Male and Female                      3.4. Psychological Differences of Male and Female                      3.5. <b><u>Happiness in Marriage:</u></b>                      3.5.1 Suggestion of Happy and Successful Marriage Life                      (by Stone and Stone)</p>	11	17
Unit – IV	<p><b><u>Sexual Deviations:</u></b>                      4.1. Meaning of Sexual Deviation                      4.2. General Causes of sexual Deviation Behaviour                      4.3. Types of Sexual Deviations                      (4.3.1) Exhibitionism (4.3.2) Voyeurism (4.3.3) Fetishism                      (4.3.4) Paedophilia</p>	11	17

**Reference / Text –Books / Additional Reading:**

- 1 Baxi, M. and Co.author, (1996), 5th Ed., “*Psychology of Sex and Married Life*”, Viral Publishing, Ahmedabad, Page No.1, 23, 86, 138, 213.
- 2 Janet S. H. (1990), 4<sup>th</sup> Ed., “*Understanding Human Sexuality*”, Mc Grow Hill, Book Co., New Delhi.
- 3 Spencer A. and Co, author, (1993), 1<sup>st</sup> Ed., “*Human Sexuality in world of Diversity*”, Rathus Allyn and Baco

**B.A. (PSYCHOLOGY) Cultural Psychology (Optional) Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

Course No – Psy.- CC - 607 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 607

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** The course intends to provide an insight on the role of Cultural Centre in shaping and diverse aspects of social behaviour and its relevance to solving social problems

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction to Cultural Psychology:</u></b> 1.1. Definition of Culture 1.2. Nature of Cultural Psychology 1.3. Scope of Cultural Psychology 1.4. Utility of Cultural Psychology 1.5. What is an Emotional Behaviour?	12	18
Unit – II	<b><u>Personality and Culture:</u></b> 2.1. Meaning of Personality 2.2. Effect of Culture on Individual Personality 2.3. Construction of Basic Personality 2.4. Effects of Cultural Factors of Personality 2.5. Causes of Emotional Behaviour	11	18
Unit – III	<b><u>Intelligence and Culture:</u></b> 3.1 Meaning of Intelligence 3.2 Social – Cultural background of Intelligence 3.3 Intelligence and Culture 3.4 Relation Between Intelligence and Culture 3.5 Nature of Emotional Presentation	11	17
Unit – IV	<b><u>Culture and Disorders:</u></b> 4.1. Definition of Abnormal Behaviour 4.2. Social – Culture Factors and Disorder 4.3. Relationship of Cultural and Disorder 4.4. Original Causes for Cultural Factors of Disorder 4.5. Emotion and Culture	11	17

**Reference / Text –Books / Additional Reading:**

- 1 Berry, J.W. and Co, author, (1997), 2<sup>nd</sup> Ed., “Hand book of cross cultural psychology”, Allyn and Bacon, Boston.
- 2 Das D.G. and Co, author, (1994), 1<sup>st</sup> Ed., “Cultural Psychology”, Popular Publishing, Surat, Page no. 1, 88, 124, 137, 151.
- 3 Triandis H. C. and Co, author, (1980), 1<sup>st</sup> Ed., “Hand book of cross cultural psychology”, Allyn and Bacon, Boston, Vol.1 To 6.





**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Environmental Psychology (Optional) Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 608 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 608

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To highlight the simultaneous mutual interaction of environment behaviour (2) To delineate psychological approaches to the study of environment. (3) To discuss the impact of ecological degradation and the need for enhanced awareness programmer

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction to Environmental Psychology</u></b> 1.1. Definition of Environmental Psychology 1.2. Nature of Environmental Psychology 1.3. Scope of Environmental Psychology 1.4. Utility of Environmental Psychology 1.5. The Effect of Air Pollution and Wind on Behaviour: 1.5.1. Air Pollution and its Consequences	12	18
Unit – II	<b><u>Effect of Environment on:</u></b> 2.1. Reaction to Environmental Stimulation 2.2. Stimulation Level and human Reaction 2.3. Causes of Increase in Pollution 2.4. Pollution Control 2.5. The Effect of Air Pollution and Wind on Behaviour: 2.5.1. Air pollutants	11	18
Unit – III	<b><u>The Effect of Noise on Behaviour:</u></b> 3.1. Unusual Environmental Stimulation 3.2. Characteristics of Sound 3.3. Disturbing Characteristics of Noise 3.4. The Effect of the Noise, 3.5. The Effect of Air Pollution and Wind on Behaviour: 3.5.1 Personal Air Pollution	11	17
Unit – IV	<b><u>The Effects of Seasons, Weather and Temperature on Behaviour:</u></b> 4.1. Nature of Temperature 4.2. Effect of Various Levels of Temperature and Atmosphere 4.3. Atmospheric Influence on Behaviour 4.4. The Effect of Heat on Performance 4.5. The Effect of Air Pollution and Wind on Behaviour 4.5.1. How Air Pollution is perceived?	11	17

**Reference / Text –Books / Additional Reading:**

- 1 Dave C.B. and Co, author, (2003-4), 1<sup>st</sup> Ed., “Environmental psychology”, Suchitra Publishing, Ahmedabad, PageNo.1, 45, 59, 73, 85.
- 2 Parmar N.R. and Co, author, (2008), 1<sup>st</sup> Ed., “Environmental Psychology”, Divine Publications, Ahmedabad, Page no. 1, 31, 43, 83
- 3 Rampalsingh and Co, author, (2004), 1<sup>st</sup> Ed., “Environmental psychology”, Vinod pustak mandir, Agra, Page no.1, 14, 179.
- 4 Tivari P., (2000) 2<sup>nd</sup> Ed., “Environmental psychology”, Motilal Banarsidas, New Delhi, Page no. 1, 121, 153.



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

**B.A. (PSYCHOLOGY) Sport Psychology (Optional) Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 608 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 608

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) To delineate psychological approaches to the study of sports.  
(2) To highlight the simultaneous mutual interaction of sports and behaviour.

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b>Introduction to Sport Psychology</b> 1.1. What is play? 1.2. What is Sports Psychology? 1.3. Theories of Play. 1.4. Value of Play. 1.5. What is group?	12	18
Unit – II	<b>Fatigue</b> 2.1. Definition of Fatigue 2.2. Nature of Fatigue 2.3. Characteristics of Fatigue 2.4. Reasons for the Beginning Fatigue 2.5. Individual and group	11	18
Unit – III	<b>Individual Differences &amp; Physical Education</b> 3.1. Definition of Individual differences? 3.2. Nature of Individual differences. 3.3. Types of Individual differences. 3.4. Causes of Individual differences. 3.5. Group Mind	11	17
Unit – IV	<b>Interest</b> 4.1. Definition of Interest. 4.2. Characteristics of Interest. 4.3. In Which Things we Take Interest? 4.4. How to Make we Take Interest? 4.5. Factors Influencing Group Behaviour	11	17

**Reference / Text –Books / Additional Reading:**

1. Bos S. and Co. author, (1986), 1<sup>st</sup> Ed., "Sports Psychology", Vinod Pustak Mandir, Agra, Page No. 1, 26, 42, 70
2. Patel A.J. and Co. author, (2005), 3<sup>rd</sup> Ed., "Sports Psychology", Bharat Publishing, Ahmedabad, Page No.1, 80, 113, 143, 150, 183

**B.A. (PSYCHOLOGY) Psychological Essay (Optional) Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

Course No – Psy.- CC - 609 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 609

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15 Total Hours - 45

**Objective:** (1) Introduction to concept, Nature and various topics of psychology  
(2) Understanding the application of psychological principle in the process of education

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Industrial Conflict</u></b> 1.1 Meaning of Industrial Conflict 1.2 Nature of Industrial Conflict 1.4 Causes of Industrial Conflict 1.4 Remedies of Industrial Conflict 1.5 Definition of Leisure	12	18
Unit – II	<b><u>Psychology of Fashion</u></b> 2.1 Definition of Fashion 2.2 Nature of Fashion 2.3 Field of Fashion 2.4 Fashion and Custom 2.5 Activates of Leisure	11	18
Unit – III	<b><u>Hypnotism:</u></b> 3.1 Meaning of Hypnotism 3.2 Characteristics of Hypnotism 3.4 Methods of Hypnotism 3.5 Principles of Hypnotism 3.6 Effective Factors of Leisure	11	17
Unit – IV	<b><u>Theories of Dreams</u></b> 4.1 Meaning of Dreams 4.2 Characteristics of Dreams 4.3 Classification of Dreams 4.4 Freud’s Theories of Dreams 4.5 Leisure as a Problem	11	17

**Reference / Text –Books / Additional Reading:**

- 1 Sojitra J.A. and Co, author, (2010), 1<sup>st</sup> Ed., “Psychological Essay”, Pashv publishing, Ahmedabad, Page No.7, 121, 152,184, 211.
- 2 Trivedi H.V. and Co, author, (1974), 1<sup>st</sup> Ed., “Psychological Essay”, C. Jamnadas Co., Ahmedabad, Page no. 51, 62, 149, 204, 298.

**B.A. (PSYCHOLOGY) Consumer Psychology (Optional) Semester – 6<sup>th</sup> Credit: 03**

Syllabus for - UG B. A. Programmes Course – CBCS

Course No – Psy.- CC - 609 Semester – 6<sup>th</sup>

Type of Course - Psy. - CC - 609



**MAHARAJA KRISHNAKUMARSINHJI BHAVNAGAR UNIVERSITY**  
(With effect from Academic Year 2019-20)

Marking Scheme : External Examination : 70 + Internal Exam : 30

Week – 15                      Total Hours - 45

**Objective:**                      The course will familiarize students with the basic consumer behaviour and the studies relating to the factors which influence them. It will also focus on some important application areas of consumer psychology

UNIT	DETAILED SYLLABUS	TEACHING HOURS	MARKS / WEIGHT
Unit – I	<b><u>Introduction to Consumer Psychology:</u></b> 1.1. Meaning of Consumer psychology 1.2. Scope of Consumer psychology 1.3. Development of Consumer psychology 1.4. Utility of Consumer psychology 1.5. Meaning of Learning	12	18
Unit – II	<b><u>Methods of Consumer Psychology:</u></b> 2.1. Questionnaire Method 2.2. Product Testing 2.3. Motivation Research Methods 2.4. Multi Media 2.5. Main principles of Learning Process	11	18
Unit – III	<b><u>Advertising:</u></b> 3.1 Meaning of Advertisement 3.2 Importance of suggestion in Advertisement 3.3 Importance of Motivation in Advertisement 3.4 Appeal of Advertisement 3.5 Role of Drives and Role of Reinforcement	11	17
Unit – IV	<b><u>Selling:</u></b> 4.1 Meaning of Selling 4.2 Scope of Selling 4.3 Importance of Selling 4.4 Is art of Selling a Profession? 4.5 Effects of Learning Process	11	17

**Reference / Text –Books / Additional Reading:**

1. David L.L. & Della Bitta A.J.(1984), 2<sup>nd</sup> Ed., “Consumer Behavior Concepts and Applications”, Mc Grow Hill, New York
2. Pansali N.V. (1997), 3<sup>rd</sup> Ed., “*Selling, Marketing and Advertising*”, C.Jamnadas Co., Ahmedabad, Page no. 1, 120.
3. Shah C.K. (1986), 1<sup>st</sup> Ed., “Consumer psychology”, University book production Board, Ahmedabad, Page No.1, 15, 37, 58