

MINISTRY OF HOME AFFAIRS
NOTIFICATION

New Delhi, the

RULES

GSR No 116 (E) The Rules for a Limited Competitive Examination to be held by the Union Public Service Commission in 2012 for the purpose of filling vacancies in the Indian Police Service (IPS) are thereby published for general information:

1. In pursuance of the Indian Police Service (Recruitment) Rules, 1954 the Central Government makes the following rules for the purpose of filling vacancies in the Indian Police Service.

2(1) The number of vacancies to be filled on the results of the examination shall be specified in the Notice issued by the Commission. The Reservation in respect of vacancies shall be made for the candidates belonging to the Scheduled Castes, the Scheduled Tribes and Other Backward Class as fixed by the Central Government.

2(2) The Indian Police Service is exempted from Physically Handicapped reservation. No reservation shall be available for recruitment of Physically Handicapped category candidates in this examination.

3. The candidates shall indicate their preferences for cadre (State or Union Territory) allocation and in case no preference is given by a candidate for cadre allocation, it shall be assumed that he or she does not have specific cadre preference for the service provided, if a candidate cannot be allocated to any cadre of his or her choice, he or she shall be allotted to any of the remaining cadres in which vacancies exist and the decision of the Central Government in respect of cadre allocation shall be final.

4(1) The written examination shall be conducted by the Union Public Service Commission in the manner specified in **Appendix – I** annexed to these Rules.

4(2) The date(s) on which and the places at which the examination shall be held be fixed by the Commission.

5. The candidates, who fulfill the following eligibility criteria shall be eligible for the examination, namely :-

(a) shall be a citizen of India or shall belong to such category of persons as may be, from time to time, be notified in this behalf by the Central Government ;

- (b) shall have completed five years of continuous and actual service as Deputy Superintendent of Police in States under State Police Service or Assistant Commandants in Central Para Military Forces (Central Reserve Police Service, Border Security Force, Indo Tibet Border Police, Central Industrial Security Force and Sashastra Seema Bal) or Officers of the Rank of Captain or Major or equivalent in the Armed Forces.
- (c) should have an unblemished service record.

6(1) A candidate must not have attained the age of 35 years on the 1st August, 2011 i.e. he/she must have been born not earlier than 2nd August, 1977, however, the upper age limit prescribed above shall be relaxable up to a maximum of one year for Other Backward Classes category candidates and two years for candidates belonging to the Scheduled Caste or the Scheduled Tribe.

6(2) The date of birth accepted by the Commission is that entered in the Matriculation or Secondary School Leaving Certificate or in a certificate recognized by an Indian University as equivalent to Matriculation or in an extract from a Register of Matriculates maintained by a University, which shall be certified by the proper authority of the University or in the Higher Secondary or an equivalent examination certificate and no other document relating to age like horoscopes, affidavits, birth extracts from Municipal Corporation, service records and the like shall be accepted.

Explanation: The expression Matriculation or Higher Secondary Examination Certificate in this part of the instruction includes the alternative certificates mentioned above.

Note-I : Candidates shall note that the date of birth as recorded in the Matriculation or Secondary Examination Certificate or an equivalent Certificate shall only be accepted by Commission and no subsequent request for its change shall be considered or granted.

Note-II: Candidates shall also note that once a date of birth has been claimed by them and entered in the records of the Commission for the purpose of admission to an examination, no change shall be allowed subsequently (or at any other examination of the Commission) on any grounds whatsoever.

6(3) Save as provided above, the age limits prescribed can in no case be relaxed.

7. Every candidate appearing at the examination who is otherwise eligible, shall be permitted two attempts at this examination which may be further relaxed by one additional

attempt in case of candidates belonging to the Scheduled Castes, Scheduled Tribes and Other Backward Classes.

8. A candidate shall hold a degree of any of the University incorporated by an Act of the Parliament or State Legislature in India or other educational institutions established by an Act of Parliament or declared to be deemed as a University under section 3 of the University Grants Commission Act, 1956 or possess an equivalent qualification.

9(1) After the Notification of these rules in the Gazette of India, the candidates shall have to submit their application within the last date of receipt of application as specified by the Union Public Service Commission in the prescribed form.

9(2) The candidates, while sending an application to the Union Public Service Commission, shall give an undertaking to the effect of that they have intimated their respective authorities the fact that they are applying in the Limited Competitive Examination for Indian Police Service.

9(3) The candidates shall also have to submit separately another copy of their application to Union Public Service Commission through proper channel, wherein their Cadre Controlling Authorities shall have to verify that they are clear from vigilance angle and are having requisite service of five years in the eligible grades.

9(4) The Union Public Service Commission shall initially consider eligibility of a candidate in the Limited Competitive Examination for recruitment to the Indian Police Service on the basis of the self-certification done on the applications submitted directly by the candidates, however the non-receipt of their applications through proper channel with eligibility conditions duly verified, shall result in rejection of the candidature at a later stage of the examination and the decision of the Union Public Service Commission as to the acceptance of the application of a candidate and his/her eligibility or otherwise for admission to the examination shall be final.

10. The candidates applying for the examination shall ensure that they fulfill all the eligibility criteria for admission to the examination and their admission at all the stages of examination for which they are admitted viz. Written Examination and Personality test will be purely provisional subject to their satisfying the prescribed eligibility criteria and if on verification at any time before or after the written examination and Personality test, it is found that they do not fulfill any of the requisite eligibility criteria; their candidature for the Examination shall be rejected.

11. The Admission Certificates to the eligible candidates shall be issued by the Union Public Service Commission and no candidate shall be admitted to the Examination unless he or she holds a valid Admission Certificate issued by the Commission.

12. A candidate who is or has been declared by the Commission to be guilty of:-
- (i) Obtaining support for his or her candidature by the following means, namely;-
 - (a) offering illegal gratification to, or
 - (b) applying pressure on, or
 - (c) blackmailing, or threatening to black mail any person connected with the conduct of examination, or
 - (ii) impersonating, or
 - (iii) procuring impersonation by any person, or
 - (iv) submitting fabricated documents, or documents which have been tampered with, or
 - (v) making statements which are incorrect or false or suppressing material information, or
 - (vi) resorting to in connection with his or her candidature for the examination, namely:
 - (a) obtaining copy of question paper through improper means, or
 - (b) finding out the particulars of the persons connected with secret work relating to the examination, or
 - (c) influencing the examiners, or
 - (vii) using unfair means during the examination, or
 - (viii) writing obscene matter or drawing obscene sketches in the scripts, or
 - (ix) misbehaving in the examination hall including tearing of the scripts provoking fellow examinees to boycott examination, creating disorderly scene and the like, or
 - (x) harassing or doing bodily harm to the staff employed by the Commission for the conduct of their examinations, or

(xi) being in possession of or using any mobile phone, pager or any electronic equipment or device or any other equipment capable of being used as a communication device during the examination, or

(xii) violating any of the instructions issued to candidates along with their admission certificates permitting them to take the examination, or

(xiii) attempting to commit or as the case may be, abetting the Commission of all or any of the acts specified in the foregoing clauses may in addition to rendering himself or herself liable to criminal prosecution be liable also –

(a) to be disqualified by the Commission from the examination for which he or she is a candidate and/or

(b) to be debarred either permanently or for a specified period,

(i) by the Commission from any examination or selection held by them.

(ii) by the Central Government or the State Government from any employment under them, and for any disciplinary action under the appropriate rules:

Provided that no penalty under these rules shall be imposed except after,

(i) giving the candidate an opportunity of making such representation, in writing as he or she may prefer to make in that behalf; and

(ii) taking the representation, if any, submitted by the candidate within the period allowed to him or her into consideration.

13(1) The candidates who obtain such minimum qualifying marks in the written examination as may be fixed by the Commission shall be called for the interview for Personality Test to be conducted by the Commission and the candidates shall be recommended by the Commission as per the merit list drawn on the basis of aggregate performance in the written test and the interview.

(2) The Commission shall retain discretion to fix the minimum qualifying marks in any or all of the objective papers and to evaluate conventional papers of only those candidates who secure minimum qualifying marks in the objective papers.

Provided that the candidates belonging to the Scheduled Castes, the Scheduled Tribes and other backward classes may be called for the Interview for Personality Test by applying relaxed standards, if the Commission is of the opinion that sufficient number of candidates from these categories are not likely to be called for the Interview for Personality Test on the basis of the general standard in order to fill up the vacancies reserved for them.

14(1) After the interview, the candidates shall be arranged by the Commission in order of merit as disclosed by the aggregate marks finally awarded to each candidate and in that order the candidates who are found by the Commission to be qualified at the examination shall be recommended for appointment up to the number of unreserved vacancies decided to be filled on the result of the examination.

(2) The candidates belonging to the Scheduled Castes, the Scheduled Tribes and the Other Backward Classes may to the extent of the number of vacancies reserved for the Scheduled Castes, the Scheduled Tribes and the Other Backward Classes be recommended by the Commission by a relaxed standard, subject to the fitness of these candidates for selection to the Post.

Provided that the candidates belonging to the Scheduled Castes, the Scheduled Tribes and Other Backward Classes who have not availed themselves of any of the concessions or relaxations in the eligibility or the selection criteria, at any stage of the examination and who after taking into account the general qualifying standards are found fit for recommendation by the Commission shall not be recommended against the vacancies reserved for the Scheduled Castes, the Scheduled Tribes and Other Backward Classes.

15. The form and manner of communication of the result of the examination to individual candidates shall be decided by the Commission and the Commission shall not enter into any correspondence with them regarding the result.

16(1) A candidate shall be in good mental and bodily health and free from any physical defect likely to interfere with the discharge of his duties as an officer of the service.

(2) A candidate, who after such medical examination as the Central Government or the appointing authority, as the case may be, may specify, does not satisfy these requirements shall not be appointed and any candidate called for the Personality Test by the Commission may be required to undergo medical examination to be conducted by the Ministry of Home Affairs.

(3) No fee shall be payable to the Medical Board by the candidate for the medical examination.

17(1) A candidate shall be eligible to get the benefit of community reservation only in case the particular caste to which the candidate belongs is included in the list of reserved communities issued by the Central Government.

(2) If a candidate indicates in his or her application form that he or she belongs to General Category but subsequently intimates to the Commission to change his or her category, to a reserved one, such request shall not be entertained by the Commission.

Provided that there may be a few cases where within ninety days between the issuance of a Government Notification enlisting a particular community in the list of any of the reserved communities and the date of submission of the application by the candidate, the request of change of community from general to reserved may be considered by the Commission on merit.

(3) The closing date fixed for the receipt of the application shall be treated as the date for determining the Other Backward Classes status (including that of creamy layer) of the candidate.

18. No person,—

(a) who has entered into or contracted a marriage with a person having a spouse living, or

(b) who, having a spouse living, has entered into or contracted a marriage with any person, shall be eligible for appointment to Service.

Provided that the Central Government may, if satisfied that such marriage is permissible under the personal law applicable to such person and the other party to the marriage and there are other grounds for so doing, exempt any person from the operation of this rule.

19. The list of recommended candidates shall be forwarded by the Commission to the Ministry of Home Affairs for issue of offer of appointment with cadre allocation in respect of the selected candidates who are found medically fit as per Medical Examinations carried out by the Government and the selected candidates shall undergo training as decided by the Government and shall remain on probation for a period of two years.

20. Transport Allowance and Dearness Allowance for Journey expenses shall be allowed to the candidates for attending the Examination as per their entitlements, by their respective Offices.

-Sd-03/03/2012
(K.K. Mittal)
Joint Secretary
Ministry of Home Affairs

**Scheme and Syllabus of the Written Examination for the Limited
Competitive Examination for recruitment to the Indian Police Service**

APPENDIX I

SECTION I

PLAN OF EXAMINATION

The Examination will comprise of two components viz; Written Examination and Interview for Personality Test.

The details of the Written Examination and Interview are given in the following table.

Paper I	Objective Type	2 hours duration	200 Marks
Paper II	Objective Type	2 hours duration	200 Marks
Paper III English Language*	Descriptive Type	3 hours duration	200 Marks
Paper IV Essay	Descriptive Type	3 hours duration	200 Marks
Paper V General Studies	Descriptive Type	3 hours duration	200 Marks
Interview			200 Marks

Note 1: Total Marks for Written Examination and Interview will be 1000 marks.

Note 2* : Paper III is only qualifying in nature and the marks for Paper-III will not be counted for merit ranking.

Note 3: The objective type papers will be qualifying in nature for evaluating Descriptive Type Papers. However, marks obtained will be counted for merit ranking.

Note 4: In cases, where simultaneous evaluations of Papers III and IV / V are resorted to for saving time, the Commission retains the discretion to treat the Papers IV and V of such candidates who do not attain the qualifying standards for Paper-III as “deemed to be not evaluated.”

(a) Papers I and II (Objective Type)

Note :

- (i) Both the question papers will be objective type (multiple choice questions).
- (ii) The question papers will be set both in Hindi and English. However, questions relating to English Language Comprehension skills of Class X level will be tested through passages from English language only without providing Hindi translation thereof in the question paper.
- (iii) Details of the syllabi are indicated in Part A of Section II.
- (iv) There will be negative marking for incorrect answers (as detailed below) for all questions except some of the questions where the negative marking will be inbuilt in the form of different marks being awarded to the most appropriate and not so appropriate answer for such questions.
 - (a) There are four alternatives for the answers to every question. For each question for which a wrong answer has been given by the candidate, one-third (33%) of the marks assigned to that question will be deducted as penalty.
 - (b) If a candidate gives more than one answer, it will be treated as a wrong answer even if one of the given answers happen to be correct and there will be same penalty as above for that question.
 - (c) If a question is left blank i.e. no answer is given by the candidate, there will be no penalty for that question.”

(B) Paper III, Paper IV and Paper V (Descriptive Type)

- (a) Paper III :- English Language paper. This paper would be of Matriculation standard and qualifying in nature only. Its marks will not be counted for preparation of merit ranking.
- (b) Paper IV :- Essay paper. It will comprise of two essays, one on security aspect and the other on various developmental aspect of the society.
- (c) Paper V:-General Studies paper covering various aspects like Elementary Principles of Public Law, State Policy, Fundamental Rights, Human Rights, Disaster Management, National Security etc.

Note:

- (i) Syllabi of Descriptive Type Papers (Paper III, IV and V) are indicated in Part B of Section II.
- (ii) The Essay Paper (Paper IV) and the General Studies Paper (Paper V) (Descriptive Type) will have to be answered either in English or in Hindi. Attempting answers in any other language or use of mixed language (i.e. partly in Hindi and partly in English) is not permissible.**
- (iii) Candidates must write the papers in their own hand.
- (iv) The Commission has discretion to fix qualifying marks in any or all the papers of the examination.
- (v) If a candidate's handwriting is not easily legible, a deduction will be made on this account from the total marks otherwise accruing to him/her. In extreme cases, the paper may not be evaluated.
- (vi) Marks will not be allotted for mere superficial knowledge.
- (vii) Credit will be given for orderly, effective, and exact expression combined with due economy of words in all subjects of the examination.
- (viii) In the question papers, wherever required, SI units will be used.
- (ix) Candidates should use only International form of Indian numerals (i.e. 1, 2, 3, 4, 5, 6 etc.) while answering question papers.
- (x) Candidates must strictly follow directions/instructions given in the question paper(s).

(C) Interview for Personality Test

The candidate will be interviewed by a Board who will have before them a record of his career. He will be asked questions on matters of general interest. The object of the interview is to assess the personal suitability of the candidate for a career in public service by a Board of competent and unbiased observers. The test is intended to judge the mental caliber of a candidate. In broad terms this is really an assessment of not only his intellectual qualities but also social traits and his interest in current affairs. Some of the qualities to be judged are mental alertness, critical powers of assimilation, clear and logical exposition, balance of judgment, variety and depth of interest, ability for social cohesion and leadership, intellectual and moral integrity.

The technique of the interview is not that of a strict cross-examination but of a natural, though directed and purposive conversation which is intended to reveal the mental qualities of the candidate.

The interview test is not intended to be a test either of the specialized or general knowledge of the candidates which has been already tested through their written papers. Candidates are expected to have taken an intelligent interest not only in their special subjects of academic study but also in the events which are happening around them both within and outside their own State or Country as well as in modern currents of thought and in new discoveries which should rouse the curiosity of well educated youth.

SECTION II
SYLLABI FOR THE EXAMINATION

Part APAPERS OF OBJECTIVE TYPE**Paper I - (200 marks) Duration : Two hours**

- Current events of national and international importance
- History of India and Indian National Movement
- Indian and World Geography-Physical, Social, Economic

Geography of India and the World.

- Indian Polity and Governance-Constitution, Political System, Panchayati Raj, Public Policy, Rights Issues, etc.
- Economic and Social Development-Sustainable Development, Poverty, Inclusion, Demographics, Social Sector Initiatives, etc.
- General issues on Environmental ecology, Bio-diversity and Climate Change - that do not require subject specialization
- General Science.

Paper II-(200 marks) Duration : Two hours

- Comprehension
- Interpersonal skills including communication skills;
- Logical reasoning and analytical ability
- Decision making and problem solving
- General mental ability
- Basic numeracy (numbers and their relations, orders of magnitude, etc.) (Class X level), Data interpretation (charts, graphs, tables, data sufficiency etc. — Class X level)
- English Language Comprehension skills (Class X level).

Note : Questions relating to English Language Comprehension skills of Class X level (last item in the Syllabus of Paper-II) will be tested through passages from English language only without providing Hindi translation thereof in the question paper.

Part BPAPERS OF DESCRIPTIVE TYPE**Paper III : English (200 marks / 3 hours duration) :- This will be a qualifying test only of Matriculation or equivalent standard.**

The aim of the paper is to test the candidate's ability to read and understand serious discursive prose, and to express his ideas clearly and correctly, in English.

The pattern of questions would be broadly as follows (indicative only) :—

- (i) Comprehension of given passages;
- (ii) Precis Writing;
- (iii) Usage and Vocabulary;
- (iv) Paragraphs writing;

Note I : Answer to all questions in this Paper will have to be attempted in English only.

Paper IV : Essay (200 Marks/ three hours duration)

Candidates will be required to write two Essays. One topic will pertain to Indian Society/politics/ Economy/Development, Growth and related aspects. The other topic will pertain to security and related matters. Candidates will be expected to keep closely to the subject of the essay to arrange their ideas in orderly fashion, and to write concisely. Credit will be given for effective and exact expression.

Paper V : General Studies (200 Marks/ three hours duration)

The questions will be such as to test a candidate's awareness of a variety of subjects and are likely to test the candidate's basic understanding of all relevant issues, and ability to analyze, and take a view on conflicting socio-economic goals, objectives and demands. The candidates must give relevant, meaningful and succinct answers.

Note : This paper can be answered by the Candidates either in English or in Hindi. Attempting answers in any other language or use of 'mixed' language (i.e. partly in English and partly in Hindi) is not permissible.

Syllabus:

- (a) A brief idea about History and Geography of India.
- (b) Constitution of India and Indian Polity:

This part will include questions on the Constitution of India, as well as all constitutional, legal, administrative and other issues emerging from the politico-administrative system prevalent in the country.

- (c) Current National Issues and Topics of Social Relevance :

This part is intended to test the Candidate's awareness of current national issues and topics of social relevance in the present-day India, such as the following namely:-

- (i) The Indian economy and issues relating to planning, mobilization of resources, growth, development and employment;
- (ii) Issues arising from the social and economic exclusion of large sections from the benefits of development;
- (iii) Other issues relating to the development and management of human resource;
- (iv) Health issues including the management of Public Health, Health education and ethical concerns regarding health-care;
- (v) Law enforcement, internal security and related issues such as the preservation of communal harmony;
- (vi) Issues relating to good governance and accountability to the citizens including the maintenance of human rights, and of probity in public life;
- (vii) Environmental issues, ecological preservation, conservation of natural resources and national heritage;
- (d) India's diversity, unity amidst diversity and pluralism as a part of the functioning of Indian Society. Conflicts due to political, economic, social and cultural reasons. Conflict resolution.
- (e) Democratic rights and privileges of citizens. Emerging social changes or trends relevant to governance.
- (f) National Security: Structure and functions of Defence Forces, Para-military Forces and Police. Origin, growth and dimensions of fundamentalism, militancy and terrorism. Local, regional, national and international dimensions of organized crime and terrorism; and efforts at countering them. "White-collar" and cyber crime, money laundering and tax-havens. Technology in crime detection, prevention and investigation, including forensics. Weapons and weapons training that a uniformed officer should be aware of. Food security, energy security, water security, technological self-reliance as a part of security objectives, Disaster Management including natural and man made disasters.
- (g) Statistical Analysis, graph and diagrams : This part will test the candidate's ability to draw conclusions from information presented in Statistical, graphical or diagrammatical form and to interpret them.

Brief particulars relating to the Indian Police Service to which recruitment is made through IPS Limited Competitive Examination

(a) Appointment will be made on probation for a period of two years which may be extended subject to certain conditions. Successful candidates will be required to undergo prescribed training at such places and in such manner and pass such examinations during the period of probation as Government may determine.

(b) If in the opinion of Government, the work or conduct of a probationer is unsatisfactory or shows that he is unlikely to become efficient, Government may discharge him forthwith or, as the case may be, revert him to the permanent post, on which he holds a lien or would hold a lien had it not been suspended under the rules applicable to him prior to his appointments to the Service.

(c) On satisfactory completion of his period of probation Government may confirm the officer in the Service or if his work or conduct has, in the opinion of Government, been unsatisfactory, Government may either discharge him from the Service or may extend his period of probation for such further period, subject to certain conditions as Government may think fit.

(d) An officer belonging to the Indian Police Service will be liable to serve anywhere in India or abroad either under the Central Government or under a State Government.

(e) Scales of Pay :—

Rank	Time-Scale	Pay Scale		Pre-revised
		Revised Pay-scale	Grade Pay	
	Junior Scale	Rs.15,600-39,100	5400	Rs.8,000-275-13,500
	Senior Scale	Rs.15,600-39,100	6600	Rs.10,000-325-15,200
SP	Junior Administrative Grade	Rs.15,600-39,100	7600	Rs.12,000-375-16,500
	Selection Grade	Rs.37,400-67,000	8700	Rs.14,300-400-18,300
DIG	Super time Scale	Rs.37,400-67,000	8900	Rs.16,400-450-20,000
IG	Super-time Scale	Rs.37,400-67,000	10,000	Rs.18,400-500-22,400
ADG	Above Super-time Scale	Rs.37,400-67,000	12,000	Rs.22,400-525-24,500
DG	Above Super-time Scale	HAG-Rs.75,500-80,000 (Increment @ 3%) Rs.80,000 (Fixed)	Nil	Rs.24,050-650-26,000 Rs. 26,000 (Fixed)

Dearness allowance will be admissible in accordance with the orders issued by the Central Government from time to time under the All India Services (Dearness Allowance) Rules, 1972.

A probationer will start on the junior time scale and be permitted to count the period spent on probation towards leave pension or increment in the time scale.

In case of the officers holding class-1/Group 'A' posts before appointment to the Indian Police Service through Limited Competitive Examination, there will be the provision of personal pay subject to their fulfillment to certain conditions.

(f) Provident Fund.—Officers of the Indian Police Service are governed by the All India Service (Provident Fund) Rules, 1955, as amended from time to time.

(g) Leave.—Officers of the Indian Police Service are governed by the All India Service (Leave) Rules, 1955 as amended from time to time.

(h) Medical Attendance.—Officers of the Indian Police Service are entitled to medical attendance benefits admissible under the All India Service Medical Attendance Rules, 1954, as amended from time to time.

(i) Retirement Benefit.—Officers of the Indian Police Service appointed on the basis of Competitive examination are governed by the All India Services (Death-cum-Retirement Benefits) Rules, 1958 as amended from time to time.

REGULATIONS RELATING TO THE PHYSICAL EXAMINATIONS OF CANDIDATES

The regulations are published for the convenience of candidates and enable them to ascertain the probability of their possessing the required physical standard. The regulations are also intended to provide guidelines to the medical examiners. For the Medical Boards, it may be kept in their mind that Indian Police Service comes under the category of Technical Service.

1. The Government of India reserve to themselves absolute discretion to reject or accept any candidate after considering the report of the Medical Board.

2. To be passed as fit for appointment, a candidate must be in good mental and bodily health and free from any physical defect likely to interfere with the efficient performance of the duties on his appointment.

2. (a) In the matter of co-relation of age limit, height and chest girth of candidates of India including Anglo-Indian race), it is left to the Medical Board to use whatever correlation figure are considered most suitable as a guide in the examination of the candidates. If there be any disproportion with regard to height, weight and chest girth, the candidates should be hospitalised for investigation and X-ray of the chest taken before the candidate is declared fit or not fit by the Board.

(b) However, for Indian Police Service minimum standard for height and chest girth without which candidates cannot be accepted, are as follows:—

	Height	Chest	Expansion girth fully expanded
Men:	165 cm	84 cm	5 cm
Women:	150 cm	70 cm	5 cm

Note: The following relaxed minimum height standard in case of candidates belonging to the Scheduled Tribes and to the races such as Gorkhas, Assamese, Kumaonis, Nagaland are applicable to Indian Police Service.

Men	160 cms.
Women	145 cms.

3. The candidate's height will be measured as follows:—

He will remove his shoes and be placed against the standard with his feet together and the weight thrown on the heels and not on the toe or other sides of the feet. He will stand erect without rigidity and with heels calves buttocks and shoulder touching the standard; the chin will be depressed to bring the vertex of the head level under the horizontal bar and the height will be recorded in centimeters and parts of a centimeter to halves.

4. The candidate's chest will be measured as follows :

He will be made to stand erect with his feet together and to raise arms over his head. The tape will be so adjusted round the chest that its upper edge touches the inferior angles of the shoulder blades behind and lies in the same horizontal plane when the tape is taken round the chest. The arms will then be lowered to hang loosely by the side and care will be taken that the shoulders are not thrown upwards or backwards so as to displace the tape. The candidate will then be directed to take a deep inspiration several times and the maximum expansion of the chest will be carefully noted and the minimum and maximum will then be recorded in centimeters 84—89, 86—93.5 etc. In recording the measurements fractions of less than half a centimeter should not be noted.

N.B.—The height and chest of the candidates should be measured twice before coming to a final decision.

5. The candidate will also be weighed and his weight recorded in kilograms; fractions of half a kilogram should not be noted.

6. (a) The candidate's eye-sight will be tested in accordance with the following rules. The result of each test will be recorded.

(i) **General**—The candidate's eyes will be submitted to a general examination directed to the detection of any disease or abnormality. The candidate will be rejected if he suffers from any morbid conditions of eye, eyelids or contiguous structure of such a sort as to render or are likely at future date to render him unfit for service.

(ii) **Visual Acuity**—The examination for determining the acuteness of visions includes two tests—one for distant the other for near vision. Each eye will be examined separately.

(b) There shall be no limit for maximum naked eye vision but the naked eye vision of the candidates shall however be recorded by the Medical Board or other medical authority in every case, as it will furnish the basic information in regard to the condition of the eye.

(c) The following standards are prescribed for distant and near vision with or without glasses for different types of services.

(d) (i) The Indian Police Service which is a Technical Service concerned with the safety of public the total amount of Myopia (including the cylinder) shall not exceed minus 4.00 D. Total amount of Hypermetropia (including the cylinder) shall not exceed plus 4.00 D :

Provided that in case a candidate in respect of the Indian Police Service which is classified as "Technical" is found unfit on grounds of high myopia the matter shall be referred to a special board of three ophthalmologists to declare whether this myopia is pathological or not. In case it is not pathological, the candidate shall be declared fit, provided he fulfils the visual requirements otherwise.

(ii) In every case of myopia, fundus examination should be carried out and the results recorded. In the event of pathological condition being present which is likely to be progressive and affect the efficiency of the candidate, he/she should be declared unfit.

(e) Field of Vision : The field of vision shall be tested by the confrontation method. When such test gives unsatisfactory or doubtful result, the field of vision should be determined on the perimeter.

	Better eye (corrected vision)	Worse eye
1. Distant vision:	6/6 or 6/9	6/12 or 6/9
2. Near vision :	J1**	J2**
3. Types of corrections permitted	Spectacles	
4. Limits of refractive error : permitted	+4.00 D (including cylinder)-Non-Pathological Myopia +4.00 D (including cylinder) (Hypermetropia)	
5. Colour vision requirements :	High Grade	
6. Binocular vision needed :	Yes	

*To be referred to a Special Board of Ophthalmologists.

(f) Night Blindness : Broadly there are two types of night blindness : (1) as a result of Vitamin A deficiency and (2) as a result of Organic disease of Retina—common cause being Retinitis Pigmentosa. In (1) the fundus is normal, generally seen in younger age group and ill nourished persons and improves by large doses of Vitamin A. In (2) the fundus is often involved and mere fundus examination will reveal the condition in majority of cases. The patient in this category is an adult and may not suffer from malnutrition. Persons seeking employment for higher posts in the Government will fall in this category. For both (1) and (2) dark adaptation test will reveal the condition. For (2) Specially when fundus is not involved Electro-Retinography is required to be done. Both these tests (dark adaptation and retinography) are time-consuming and require as a routine test in a medical check up.

(g) Colour Vision : The testing of colour vision shall be essential in respect of the Indian Police Service.

Following higher grade of Colour perception should be required for the Indian Police Service:-

- | | | |
|----|-----------------------------------------|-----------|
| 1. | Distance between the lamp and candidate | 16 ft |
| 2. | Size of aperture | 1.3 mm. |
| 3. | Time of exposure | 5 seconds |

Satisfactory colour vision constitutes, recognition with ease and without hesitation of signal red, green and yellow colours. The use of Ishihara's plates, shown in good light and a suitable Edrige Green's lantern shall be considered quite dependable for testing colour vision. While either of the two tests may ordinarily be considered sufficient in respect of services concerned with road, rail and air traffic, it is essential to carry out the lantern test. In doubtful cases where a candidate fails to qualify when tested by only one of the two tests, both the tests should be employed. However, both the Ishihara's plates and Edrige Green's lantern shall be used for testing colour vision of candidates.

(h) Ocular condition other than visual acuity—

(i) Any organic disease or a progressive refractive error, which is likely to result in lowering visual acuity, should be considered a disqualification.

(ii) Squint : For technical services where the presence of binocular vision is essential squint, even if the vision acuity in each eye is of the prescribed standard should be considered a disqualification. For other service the presence of squint should not be considered as a disqualification if the visual acuity is of the prescribed standards.

(iii) Contact Lenses : During the medical examination of candidate, the use of contact lenses is not to be allowed. It is necessary that when conducting eye test the illumination of the typed letters for distant vision should have an illumination of 15 foot-candles.

6. Blood pressure

The Board will use its discretion regarding Blood Pressure. A rough method of calculating normal maximum systolic pressure is as follows :—

- (i) with Young subjects 15—25 years of age the average is about 100 plus the age.
 (ii) with subjects over 25 years of age the general rule of 110 plus half the age seems quite satisfactory.

N.B.—As a general rule any systolic pressure over 140 mm. and diastolic over 90 mm. should be regarded as suspicious and the candidate should be hospitalised by the Board before giving their final opinion regarding the candidate's fitness or otherwise. The hospitalisation report should indicate whether the rise in blood pressure is of a transient nature due to excitement etc. or whether it is due to any organic disease. In all such cases X-ray and electrocardiographic examination of heart and blood urea clearance test should also be done as a routine. The final decision as to fitness or otherwise of a candidate will however, rest with the medical board only.

Method of taking Blood Pressure

The mercury manometer type of instrument should be used as a rule. The measurement should not be taken within fifteen minutes of any exercise or excitement. Provided the patient and particularly his arm is relaxed he may be either lying or sitting. The arm is supported comfortably at the patient's side in a more or less horizontal position. The arm should be freed from the cloth to the shoulder. The cuff completely deflated should be applied with the middle of the rubber over the inner side of the arm and its lower edge an inch or two above the bend of the elbow. The following returns of cloth bandage should spread evenly over the bag to avoid bulging during inflation.

The brachial artery is located by palpitation at the bend of the elbow and the stethoscope is then applied lightly and centrally over it below but not in contact with the cuff. The cuff is inflated to about 200 mm. Hg. and then slowly deflated. The level at which the column stands when soft successive sound are heard represents the Systolic Pressure. When more air is allowed to escape the sound will be heard to increase in intensity. The level at which the well heard clear sound change to soft muffed fading sounds represents the diastolic pressure. The measurements should be taken in a fairly brief period of time as prolonged pressure of the cuff is irritating to the patient and will vitiate the reading. Rechecking if necessary should be done only a few minutes after complete deflation of the cuff. Sometimes as the cuff is deflated sounds are heard at a certain level they may disappear as pressure falls and reappear at a still lower level. This silent Gap may cause error in readings.

7. The urine (passed in the presence of the examiner) should be examined and the results recorded. Where a Medical Board finds sugar present in candidate's urine by the usual chemical tests the Board will proceed with the examination with all its other aspects and will also specially note any signs or symptoms suggestive of diabetes. If except for the glycosuria the Board finds the candidate conforms to the standard of medical fitness required they may pass the candidate fit, subject to the glycosuria being non-diabetic and the Board will refer the case to a specified specialist in Medicine who has hospital and laboratory facilities at his disposal. The Medical Specialist will carry out whatever examinations clinical and laboratory, he considers necessary including a standard blood sugar tolerance test, and will submit his opinion to the Medical Board upon which the Medical Board will base its final opinion. "fit" or "unfit". The candidate will not be required to appear in person before the Board on the second occasion. To exclude the effect of medication it may be necessary to retain a candidate for several days in hospital under strict supervision.

8. A woman candidate who as a result of tests is found to be pregnant of 12 weeks standing or over should be declared temporarily unfit until the confinement is over. She should be re-examined for fitness certificate six weeks after the date of confinement, subject to the production of a medical certificate of fitness from a registered medical practitioner.

9. The following additional points should be observed :—

(a) that the candidate's hearing in each ear is good and that there is no sign of disease of the ear. In case it is defective the candidate should be got examined by the ear specialist; provided that if the defect in hearing is remediable by operation or by use of a hearing aid a candidate cannot be declared unfit on that account provided he/she has no progressive disease in the ear. The following are the guidelines for the medical examining authority in this regard .—

- | | |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| (1) Marked or total deafness in one ear, other ear being normal. | Not Fit for the job if the deafness is up to 30 Decibel in higher frequency. |
| (2) Perceptive deafness in both ears in which some improvement is possible by a hearing aid. | Fit if the deafness is up to 30 Decibel in speech frequencies of 1000—4000. |
| (3) Perforation of tympanic membrane of central or marginal type. | (i) One ear normal other ear perforation of tympanic membrane present. Temporarily unfit. Under improved conditions of Ear Surgery a candidate with marginal or other perforation in both ears should be given a chance by declaring him temporarily unfit and then he may be considered under 4(ii) below. |

- (ii) Marginal or attic perforation in both ears unfit.
 (iii) Central perforation both ears—Temporarily unfit.
- (4) Ears with mastoid cavity Subnormal hearing on one Side/on both sides. (i) Either ear normal hearing other ear mastoid cavity - Fit
 (ii) Mastoid cavity of both sides - Unfit
- (5) Persistently discharging ear operated/unoperated Temporarily Unfit
- (6) Chronic Inflammatory/allergic condition of nose with or without bony deformities of nasal Septum. (i) A decision will be as per circumstances of individual cases.
 (ii) If deviated nasal Septum is present with Symptoms — Temporarily unfit.
- (7) Chronic Inflammatory conditions of tonsils and or Larynx. (i) Chronic Inflammatory conditions of tonsils and/ or Larynx — Fit.
 (ii) Hoarseness of voice of severe degree if present then Temporarily unfit.
- (8) Benign or locally Malignant tumours of the E.N.T. E.N.T. (i) Benign tumours— Temporarily unfit.
 (ii) Malignant Tumour — unfit.
- (9) Otosclerosis If the hearing is within 30 Decibels after operation or with the help of hearing aid Fit.
- (10) Congenital defects of ear. (i) If not interfering with nose or throat functions – Fit.
 (ii) Stuttering of severe degree—Unfit.
- (11) Nasal/poly Temporarily Unfit.
- (b) that his speech is without impediment;
- (c) that his teeth are in good order and that he is provided with dentures where necessary for effective mastication (well filled teeth will be considered as sound);
- (d) that the chest is well formed and his chest expansion sufficient and that the hearts and lungs are sound;
- (e) that there is no evidence of any abdominal disease;
- (f) that he is not ruptured;
- (g) that he does not suffer from hydrocele, varicose veins or piles;
- (h) that his limbs, hands and feet are well formed and enveloped and that there is free and perfect motion all joints;
- (i) that he does not suffer from any inveterate skin disease;
- (j) that there is no congenital malformation or defect.
- (k) that he does not bear traces of acute or chronic disease pointing to an impaired constitution;
- (l) that he bears marks of efficient vaccination; and
- (m) that he is free from communicable disease.

11. Radiographic examination of the chest of candidate for detecting any abnormality of the heart and lungs, which may not be apparent by ordinary physical examination, will be done at the time when he is called for the Personality Test by the Union Public Service Commission.

The decision of the Chairman of the Central Standing Medical Board (conducting the medical examination of the concerned candidate) about the fitness of the candidate shall be final.

In case of doubt regarding health of a candidate the Chairman of the Medical Board may consult a suitable Hospital specialist to decide the issue of fitness or unfitness of the candidate for Government Service e.g. if a candidate is suspected to be suffering from any mental defect or aberration the Chairman of the Board may consult a Hospital Psychiatrist, etc.

When any defect is found it must be noted in the certificate and the medical examiner should state his opinion whether or not it is likely to interfere with the efficient performance of the duties which will be required of the candidate.

12. The candidates filing an appeal against the decision of the Medical Board have to deposit an appeal fee of Rs.100.00 in such manner as may be prescribed by the Government of India in this behalf. This fee would be refunded if the candidate is declared fit by the Appellate Medical Board. The candidates may, if they like enclose medical certificate in support of their claim of being fit. Appeals should be submitted within 21 days of the date of the communication in which the decision of the Medical Board is communicated to the candidates; otherwise request for second medical examination by an Appellate Medical Board will not be entertained. The Medical Examination by the Appellate Medical Board would be arranged at New Delhi only and no traveling allowance or daily allowance will be admissible for the journeys performed in connection with the medical examination. Necessary action to arrange medical examination by Appellate Medical Boards would be taken by the Ministry of Home Affairs on receipt of appeal accompanied by the prescribed fee.

MEDICAL BOARD'S REPORT

The following intimation is made for the guidance of the Medical Examination :—

1. The standard of physical fitness to be adopted should make due allowance for the age and length of service, if any of the candidate concerned.

No person will be deemed qualified for admission to the Public Service who shall not satisfy Government or appointing authority as the case may be that he has no disease constitutional affliction, or bodily infirmity, unfitting him or likely to unfit him for that Service.

It should be understood that the question of fitness involves the future as well as present and that one of the main objects of medical examinations is to secure continuous effective service, and in the case of candidates for permanent appointment to prevent early pension or payments in case of pre-mature death. It is at the same time to be noted that the question is one of the likelihood of continuous effective service and the rejection of a candidate need not be advised on account of the presence of a defect which is only a small proportion of cases is found to interfere with continuous effective service.

A Lady Doctor will be co-opted as a member of the Medical Board whenever a woman candidate is to be examined.

The report of the Medical Board should be treated as confidential.

In case where a candidate is declared unfit for appointment in the Government Service the ground for rejection may be communicated to the candidate in broad terms without giving minute details regarding the defects pointed out by the Medical Board.

In case where a Medical Board considers that a minor disability disqualifying a candidate for Government Service can be cured by treatment (medical or surgical) a statement to the effect should be recorded by the Medical Board. There is no objection to a candidate being informed of the Board's opinion to the effect by the appointing authority and when cure has been effected it will be open to the authority concerned to ask for another Medical Board. In the case of candidates who are to be declared 'Temporarily Unfit' the period specified for re-examination should not ordinarily exceed six months at the maximum. On re-examination after the specified period these candidates should not be declared temporarily unfit for a further period but a final decision in regard to their fitness for appointment or otherwise should be given.

(a) Candidate's statement and declaration.

The candidate must make the statement required below prior to his Medical Examination and must sign the Declaration appended thereto. His attention is specially directed to the warning contained in the Note below: —

1. State your name in full (in block letters)
2. (a) State your age and birth place
- (b) Do you belong to races such as Gorkhas, Garhwalis, Assamese, Nagaland Tribes etc. whose average height is distinctly lower, Answer 'Yes' or 'No' and if the answer is 'Yes' state the name of the race.
- 3.(a) Have you ever had smallpox intermittent or any other fever enlargement or suppuration of glands, spitting of blood, asthma, heart disease, lung disease, fainting attack, rheumatism, appendicitis?

OR

- (b) Any other disease or accident requiring confinement to bed and medical or surgical treatment?
4. When were you last vaccinated?
5. Have you suffered from any form of nervousness due to over work or any other causes.
6. Furnish the following particulars concerning your family :—

FATHER'S AGE IF LIVING AND STATE OF HEALTH	FATHER'S AGE AT DEATH AND CAUSE OF DEATH	NO. OF BROTHERS LIVING THEIR AGE AND STATE OF HEALTH	NO. OF BROTHERS DEAD, THEIR AGE, AND CAUSES OF DEATH
1	2	3	4

- 1.
- 2.
- 3.

MOTHER'S AGE IF LIVING AND STATE OF HEALTH	MOTHER'S AGE AT DEATH AND CAUSE OF DEATH	NO. OF SISTERS LIVING THEIR AGE AND STATE OF HEALTH	NO. OF SISTERS DEAD, THEIR AGE, AND CAUSES OF DEATH
1	2	3	4

- 1.
- 2.
- 3.

7. Have you been examined by a Medical Board before ?

8. If answer to the above is "Yes", please state what service/services you were examined for ?

9. Who was the examining authority ?

10. When and where was the Medical Board held ?

11. Result of the Medical Board's examination if communicated to you or if known.

12. All the above answers are to the best of my knowledge and belief, true and correct and I shall be liable for action under law for any material infirmity in the information furnished by me or suppression of relevant material information. The furnishing of false information or suppression of any factual information would be a disqualification and is likely to render me unfit for employment under the Government. If the fact that false information has been furnished or that there has been suppression of any factual information comes to notice at any time during my service, my services would be liable to be terminated.

Candidate's signature
Signed in my presence
Signature of the Chairman of the Board

PROFORMA

(b) Report of the Medical Board on (name of candidate) Physical Examination.

1. General development : Good _____
Fair _____ Poor _____
Nutrition : Thin _____ Average _____
Obese _____ Height : (Without Shoes) _____
_____Weight _____
Best Weight _____ When _____
any recent changes in weight _____

Temperature _____

Girth of chest :

(1) After full inspiration

(2) After full expiration

2. Skin : Any obvious disease

3. Eyes :

(1) Any disease..... ..

(2) Night blindness

(3) Defect in colour vision

(4) Field of vision

(5) Visual acuity

(6) Fundus examination

Acuity of vision	Naked eye with glasses	Strength of glass sph. cyl. Axis
-----	-----	-----
1	2	3
-----	-----	-----

Distant vision

RE

LE

Near vision

RE

LE

Hypermetropia (Manifest)

RE

LE

4. Ears—Inspection..... Hearing :
- Right Ear.....
- Left Ear.....
5. Glands..... Thyroid.....
6. Condition of teeth.....
7. Respiratory system : Does physical examination reveal anything abnormal in the respiratory organs.....
- If yes explain fully.....
8. Circulatory System :
- (a) Heart : Any Organic Lesions.....Rates
- Standing..... After
- hopping 25 times.....
- 2 minutes after hopping
- (b) Blood Pressure :
- Systolic.....Diastolic.....
9. Abdomen :
- Girth.....Tenderness.....
- Hernia.....
- (a) Palpable Liver Spleen.....
- Kidneys.....Tumours.....
- Haemorrhoids.....Fistula.....
10. Nervous System : Indication of nervous or mental disabilities.....
11. Loco Motor System : Any abnormality.....
12. Genito Urinary System : Any evidence of Hydrocele, Varicocele etc.
- Urine Analysis :
- (a) Physical appearance.....
- (b) Sp Gr.....
- (c) Albumen.....
- (d) Sugar.....
- (e) Casts.....
- (f) Cells.....
13. Is there anything in the health of the candidate likely to render him unfit for the efficient discharge of his duties in the service for which he is a candidate ?
- Note.—In the case of female candidate, if it is found— that she is pregnant of 12 weeks standing or over, she would be declared temporarily unfit vide Regulation 9.
14. (i) State whether the candidate has been found to be qualified in all respects, for the efficient and continuous discharges of his/her duties in I.P.S:
15. Chest X-Ray Examination.
- Note : The Board should record their findings under one of the following three categories :—
- (i) Fit
- (ii) Unfit on account of.....
- (iii) Temporarily unfit on account of.....
- (iv) Fit only for specified vacancy reserved for physically impaired

Place

Chairman

Signature

Member

Date

Member

Seal of the Medical Board