

**B.P.Ed. DEGREE EXAMINATION, NOVEMBER 2010**

**Physical Education**

**HISTORY, PRINCIPLES AND FOUNDATIONS OF  
PHYSICAL EDUCATION**

(CBCS–2008 onwards)

Time : 3 Hours

Maximum : 75 Marks

**Part - A**

(10 × 2 = 20)

Answer **all** questions.

All questions carry equal marks.

1. What is history ?
2. Define Physical culture.
3. Write the meaning of education.
4. What is self expression theory ?
5. Meaning of heredity.

6. Define Body mechanics.
7. What is socialization ?
8. Meaning of national integration.
9. What is Arjuna Award ?
10. Write the Olympic oath.

**Part - B**

(5 × 5 = 25)

Answer **all** questions.

All questions carry equal marks.

11. (a) Examine the subjects related to Physical education.

(Or)

(b) Explain Physical training in detail.

12. (a) Discuss the aims and objectives of education.

*(Or)*

(b) Explain the inheritance theory of Play.

13. (a) Describe unsynchronised development.

*(Or)*

(b) Exercise is a biological necessity for proper growth and function—Discuss.

14. (a) Write Laws of Learning.

*(Or)*

(b) Knowledge of educational psychology is essential by Physical education teachers—  
Explain.

15. (a) Discuss the Physical education in Ancient Greece.

*(Or)*

(b) Explain the functions of State Sports Councils of India.

**Part - C**

(3 × 10 = 30)

Answer any **three** questions.

All questions carry equal marks.

16. Discuss the sources of principles of Physical education.
17. List the theories of play and explain any two in detail
18. Describe the differences between boys and girls during the period of adolescence.
19. Write the types of learning and learning curve.
20. Discuss the modern Olympic Games.

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**RW-6223**

**721102**

**B.P.Ed. DEGREE EXAMINATION, NOVEMBER 2010**

**Physical Education**

**ORGANISATION, ADMINISTRATION,  
SUPERVISION AND CAMPING IN PHYSICAL  
EDUCATION**

(CBCS—2010 onwards)

Time : 3 Hours

Maximum : 75 Marks

**Part - A**

(10 × 2 = 20)

Answer **all** questions.

All questions carry equal marks.

1. Define Organisation.
2. Define Administration.
3. What is multi purpose indoor stadium ?
4. What are the types of surfaces of play fields ?

5. Write the source of income for games fund.
6. What do you mean by Physical Education budget
7. Define Camp.
8. Define Supervision.
9. What is visitation ?
10. What is bulletin ?

**Part - B**

(5 × 5 = 25)

Answer **all** the questions

All questions carry equal marks.

11. (a) Explain the nature and scope of Organisation and Administration.

(Or)

- (b) Describe the steps in Administration.

12. (a) List down play area required for a high school.

(Or)

- (b) What are the points to be considered in the care and maintenance of play grounds ?



13. (a) Write the characteristics of a sound programme of Physical education.

*(Or)*

(b) Write about Physical education period and time allotment.

14. (a) Discuss the points to be taken care of before selecting a camp site.

*(Or)*

(b) Describe the objectives of Camp.

15. (a) Describe the duties of a Supervisor.

*(Or)*

- (b) Explain the need for Physical fitness register.

**Part - C**

(3 × 10 = 30)

Answer any **three** questions.

All questions carry equal marks.

16. Describe the scheme of organisation of Physical education program in a high school.
17. Explain the need and importance of swimming pool.
18. Present a budget for a high school having strength of 1000 boys.
19. How will you organize a leadership camp ?
20. Write in detail about types of records and registers.

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**B.P.Ed., DEGREE EXAMINATION, NOVEMBER 2010**

**Physical Education**

**METHODS IN PHYSICAL EDUCATION AND  
SPORTS**

(CBCS–2008 onwards)

Time : 3 Hours

Maximum : 75 Marks

**Part - A**

(10 × 2 = 20)

Answer **all** questions.

All questions carry equal marks.

1. What is method ?
2. Write about Imitation method.
3. Write any two general points for a class management.
4. Write the meaning of Teaching Aids.

5. What is Calisthenics ?
6. Write the use of Minor games.
7. Write the Types of Lesson Plan.
8. Explain Formal Part in general lesson plan.
9. What is Intramural ?
10. Write about Combination Tournament.

**Part - B**

(5 × 5 = 25)

Answer **all** questions.

All questions carry equal marks.

11. (a) Explain Demonstration method and Oral method.

(Or)

(b) Explain Planning.

12. (a) Explain the uses of Audio Visual aids.

*(Or)*

(b) Explain Rhythmic Command.

13. (a) Explain the values of Lesson plan.

*(Or)*

(b) Write the merits and demerits of Knock-out tournaments.

14. (a) Explain Indigenous activities.

*(Or)*

(b) Explain Marching.

15. (a) Write the purpose of classification.

*(Or)*

(b) Explain the benefits of intramurals.

**Part - C**

(3 × 10 = 30)

Answer any **three** questions.

All questions carry equal marks.

16. Briefly explain the factors influencing the method.
17. Explain the principles for a good class management.
18. Prepare a model general Lesson plan for VIII standard.
19. Explain the teaching method for any one fundamental skill in your specialization.
20. Draw a single knock out tournament for 25 teams.

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**RW-6225**

**721501**

**B.P.Ed. DEGREE EXAMINATION, NOVEMBER 2010**

**Physical Education**

**Elective : ANATOMY AND PHYSIOLOGY**

(CBCS–2008 onwards)

Time : 3 Hours

Maximum : 75 Marks

**Part - A**

(10 × 2 = 20)

Answer **all** questions.

All questions carry equal marks.

1. Write down the meaning of the terms Anatomy and Physiology.
2. Define Cell.
3. List down composition of blood.
4. What is blood pressure ?



5. Write any two important functions of small intestine.
6. What is respiration ?
7. What is cerebro-spinal fluid ?
8. Define Reflex action.
9. What is endocrine gland ?
10. Where pituitary gland is situated ?

**Part - B**

(5 × 5 = 25)

Answer **all** questions.

All questions carry equal marks.

11. (a) Write briefly the characteristics of Cell division.

*(Or)*

- (b) Explain the characteristics of Living matter.

12. (a) Write in brief about Cardiac cycle.

*(Or)*

- (b) Write the process of coagulation of blood in the body.

13. (a) Write down the functions of Salivary gland.

*(Or)*

(b) Write down the functions of Pancreas.

14. (a) Explain the functions of cerebrum.

*(Or)*

(b) Explain the functions of Spinal cord.

15. (a) Explain the functions of Thyroid gland.

*(Or)*

(b) Draw a neat diagram of Ear and label the parts.

**Part - C**

(3 × 10 = 30)

Answer any **three** questions.

All questions carry equal marks.

16. Draw the structure of cell and explain the functions in detail.
17. Enumerate the systemic circulation.
18. Describe the mechanism of respiration with proper illustration.
19. Explain in detail the mechanism of urine formation.
20. Describe the mechanism of Vision.

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